

# The Child Sexual Abuse Practice Leads Programme – tailored versions are available for professionals in social work, education, policing, healthcare or multi-agency arrangements

## *Ten-day programme*

£15,000 + VAT for 6 to 12 participants

£20,000 + VAT for 13 to 25 participants

### About the programme

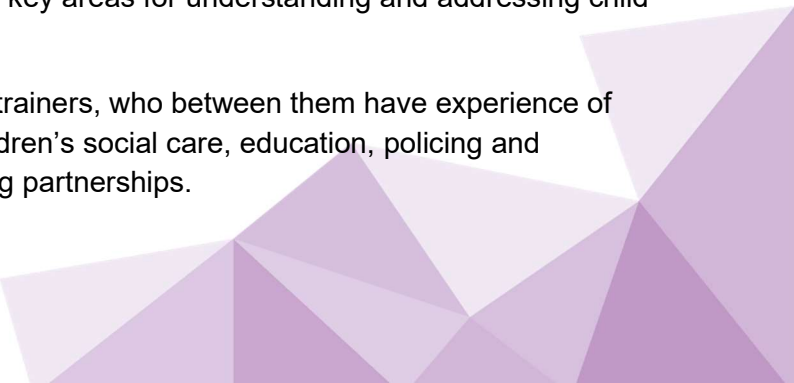
We have developed the Child Sexual Abuse Practice Leads Programme to drive and support broad system change in safeguarding organisations' response to child sexual abuse. It is an acclaimed training programme involving structured reflective learning sessions, and on occasion presentations by guest speakers, combined with unique access to the latest research and resources.

The aim of the programme is to build the confidence and competence of safeguarding professionals in managing child sexual abuse cases, by developing the knowledge and skills of selected individuals within an organisation or partnership – whether that is a local authority children's services department, a group of schools/colleges, a police force, a health trust, or a multi-agency partnership. It will:

- prepare these individuals to become 'Practice Leads', disseminating their knowledge and best practice throughout their teams/organisation/partnership
- provide a foundation for their organisations to develop internal cultures/systems of learning and development, within current structures, that will drive further best practice in child sexual abuse
- facilitate greater cross-departmental and/or cross-agency understanding and communication in relation to child sexual abuse.

This rigorous 10-session programme involves one or two days' learning per month, depending on timings for delivery, with each day comprising a half-day of formal teaching and a half-day of reflective case discussion which connect evidence to 'on the ground' practice experiences. The sessions use research, evidence and practice expertise to explore key areas for understanding and addressing child sexual abuse.

All versions of the programme are led by our expert trainers, who between them have experience of working with cases of child sexual abuse across children's social care, education, policing and healthcare settings, and in multi-agency safeguarding partnerships.



## What you can expect to learn

As a participant on this in-depth programme, you can expect to benefit from:

- increased knowledge of child sexual abuse (including prevalence, different types of child sexual abuse, impact of child sexual abuse etc)
- increased knowledge and skills in –
  - identifying child sexual abuse (e.g. recognising signs, asking questions, assessing risk)
  - responding to child sexual abuse (e.g. managing disclosures, talking to children and families, your own and other agencies' actions and responsibilities)
  - confidence with talking about child sexual abuse with other professionals
  - working with cases of child sexual abuse
- increased ability to support others with cases of child sexual abuse.



## How the sessions will be run

This programme is delivered through a range of methods, including:

- interactive small and large group discussions
- unique guest experts (either from the CSA Centre or within the local area)
- stimulating PowerPoint presentations
- a variety of multimedia – videos, podcasts, audio etc
- powerful reflective case discussions
- incredibly helpful dedicated skills practice
- booklists and carefully chosen references to explore and learn further on child sexual abuse.


## How the programme works

- **Introduction to the Programme.** Meeting the participants and their managers; key principles and context of the work; impact of the work and self-care.
- **Session 1.** Scale, nature, and impact of child sexual abuse.
- **Session 2.** Working with children, disclosures and the professional role.
- **Session 3.** Child sexual abuse in the family context – adult male offenders and offending.
- **Session 4.** Child sexual abuse in the family context – non-abusing parents and carers.
- **Session 5.** Children and young people who have displayed sexually harmful behaviour.
- **Session 6.** Child sexual exploitation – working with adolescents.
- **Session 7.** Online sexual abuse.
- **Session 8.** Female sexual abuse.
- **Session 9.** Working with survivors.
- **Session 10.** Child wellbeing and the child protection process in child sexual abuse cases.

If you would like more information on this unique programme, please don't hesitate to get in touch with our Training Programme Manager, Lamont Emesibe ([training@csacentre.org.uk](mailto:training@csacentre.org.uk)).

You can read about the success of previous delivery of the programme on our website, in the [social work programme evaluation report](#) and the [multi-agency programme learning report](#).

## Additional resources

- Training slides for attendees to refer back to and keep for reflection, with links to learning videos.
  - A carefully selected bundle of digital resources to equip Child Sexual Abuse Practice Leads with the necessary tools to disseminate their learning and key information to their wider staff teams.
  - A digital copy of *Signs and Indicators: A Template for Identifying and Responding to Concerns of Child Sexual Abuse*.
  - A digital copy of *Communicating with Children: A Guide for Those Working with Children Who Have or May Have Been Sexually Abused*.
  - A digital copy of *Supporting Parents and Carers: A Guide for Those Working with Families Affected by Child Sexual Abuse*.
  - References and resources list.
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## What past attendees said about this programme

“The training has been so informative: the trainers are clearly knowledgeable and experienced; it is based on research and is evidence based; the use of case studies, videos and lived and professional experiences invaluable; it encourages personal and professional reflection, and is not just training, but intended to create individual, cultural, structural and organisational change.”

**Child Sexual Abuse Practice Lead**

“I think before this I’ve been much more comfortable asking a female ... Since it, I’ve had ... a handful of disclosures from young males, which I wouldn’t have necessarily thought and asked that question ... I was frightened of making them feel awkward, and actually that’s my own issue, isn’t it? It’s not theirs.”

**Child Sexual Abuse Practice Lead**

“Such an interesting and factual course, I have not been on any training like this in 17 years of practice – it’s absolutely fantastic.”

**Child Sexual Abuse Practice Lead**

“I have not really considered child sexual abuse before today, and I realise how unprepared I would have been if a child disclosed to me without partaking of this training. I have learnt so much about all aspects of abuse and I know I will be a better social worker for it. Whatever area of social work I go into there will probably be people who have been sexually abused, which is why they are having contact with services. This knowledge will help me to understand and assist service users better.”

**Child Sexual Abuse Practice Lead**

“Several times I have used some of the learning within cases/training I have [been] involved in, and I find the trainers so knowledgeable it is a real pleasure and privilege to attend.”

**Child Sexual Abuse Practice Lead**

