# Follow-up consultation programme for Child Sexual Abuse Practice Leads – building on the learning

2.5 hours per month for one year

£3,000 + VAT for 6 to 25 participants

## About the programme

This programme of support is uniquely available to graduates of the <u>10-day Child Sexual Abuse Practice</u> <u>Leads Programme</u> and the <u>five-day Child Sexual Abuse Practice Leads Programme</u> within organisations that have invested in these programmes.

It offers a further opportunity to embed learning from the initial Child Sexual Abuse Practice Leads Programme into practice, through facilitated monthly case discussion sessions for a period of one year after graduation from the programme. These sessions will provide Child Sexual Abuse Practice Leads with ongoing opportunities to:

- apply learning to practice with guidance from a CSA Centre expert
- address any challenges they have experienced in applying their learning to practice
- explore a variety of cases and case dilemmas in a supported environment
- apply tools and resources to 'real life' cases
- share ideas and opportunities for cascading learning within their teams or organisation.

# What you can expect to learn

- Improved ability to apply learning from the Child Sexual Abuse Practice Leads Programme to complex cases.
- Increased confidence in advising others on cases.
- Greater ability to self-manage reflective learning.

### How the programme will be run

Participants will meet, virtually, once a month for a dedicated 2.5-hour session facilitated by a CSA Centre expert who has a background in case consultation within the participants' field of work.

Each session, participants will be expected to bring cases or case dilemmas from their own practice, or cases they have been asked to consult on, for a group discussion. Case responsibility and decision-making will remain with the local authority, but participants will be facilitated to support one another in analysing case material by applying learning from the Child Sexual Abuse Practice Leads Programme to their work.

### What past attendees said about this programme

"Case consultations have been really helpful. The facilitator is good at putting it back on us first and helping us to develop our own practice and draw from our own expertise/learning. This helps us in turn to find the answers outside the forum without the facilitator."

**Child Sexual Abuse Practice Lead** 

"A previous case hit home personally and [the facilitator] helped me to unpick the case. It was really helpful and useful ... good for my learning. We unpicked what I could have done differently, but this was done in a sensitive way. Didn't make me feel bad about my decision making"

Child Sexual Abuse Practice Lead

"The facilitator has been supportive of difficult cases and has been there for emotional support too. Her approach makes us feel safe. We can be open. We don't need to be as mindful of our communication and saying the wrong thing."

**Child Sexual Abuse Practice Lead** 

"I feel like I'm learning just as much as I did in the training. It has been constantly reinforced so it has slowly become embedded. We are actively using our learning in our area, so it feels really valuable and we are being valued for being on the programme and it feels like we are making a difference."

**Child Sexual Abuse Practice Lead**