# \*New\* Communicating with children when you have concerns of sexual abuse course

### One-day course

## £850 + VAT for 6 to 25 participants

Please note: There is an increased fee to deliver this course face-to-face.

#### Who is this course for

This course is for anyone who works with children in any capacity including those working in children's social care, health (primary care, mental health, accident and emergency, midwifery, health visiting, sexual health), education, youth justice, police, adoption, fostering, voluntary organisations, youth work, and any other relevant services in contact with children and young people.

#### About the course

It continues to be the case that far more children are being sexually abused in England and Wales than are identified or safeguarded. Half a million children are estimated to experience some form of sexual abuse each year, yet research indicates only around one in eight cases of child sexual abuse ever reach statutory services' attention.

Both research and practice show that it can take years for a child to get to the point where they feel able to tell someone. Sadly, often the younger the child is when the abuse starts, the longer it can take for it to be uncovered. We cannot forget that there are many barriers to children telling adults about harm and they may not recognise what is happening to them is abuse. It is vital that anyone who works with children knows how to recognise what is happening and understands how to help the child to have that conversation.

This course is for anyone who works with children, in any capacity, to develop their understanding of the many barriers children face in communicating and equip them with practical strategies to give children the confidence to share.

In this one-day course, the first part of the day will focus on understanding why it is difficult for children to tell of their abuse and will look at the core skills needed to give children the confidence to communicate. The second half – will offer practical suggestions for how to begin and continue these conversations - and will offer lots of opportunity for practice, feedback and group learning.

#### What you can expect to learn

- A greater understanding of the barriers children face in communicating their experiences of sexual abuse.
- Greater confidence in opening the door to communication with children when you have concerns about sexual abuse.
- Greater confidence in responding to children when they tell you they are, or have been, sexually abused.
- Some practical strategies you can use to give children the confidence to communicate with you.
- A greater understanding of how to communicate with children in different contexts.

#### Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's Key messages from research on intra-familial child sexual abuse.
- As digital copy of the CSA Centre's *Key messages from research on identifying and responding to disclosures of child sexual abuse.*
- A digital copy of Signs and indicators: A template for identifying and responding to concerns of child sexual abuse.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused.*
- A digital copy of Supporting parents and carers: A guide for those working with families affected by child sexual abuse.
- References and resources list.

