

Centre of  
expertise  
on child  
sexual abuse

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# The CSA Centre training brochure

A guide to our dedicated  
training courses on child  
sexual abuse

January 2024



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# About the CSA Centre

The Centre of expertise on child sexual abuse (CSA Centre) is a multi-disciplinary team, funded by the Home Office and hosted by Barnardo's. We are proud to work with the very latest information on child sexual abuse, in collaboration with key partners from academic institutions, local authorities, health, education, police and the voluntary sector.

We want children to be able to live free from the threat and harm of sexual abuse. Our aim is to reduce the impact of child sexual abuse through improved prevention and better response. To truly tackle child sexual abuse, we must better understand its causes, scope, scale, and impact. We seek to do this by:

- collating and analysing existing research, policy, practice and the real experiences of those affected
- filling in the gaps we identify with new research, insights and analysis
- using evidence and insights to develop new approaches and apply learning and improved knowledge in practice and through training.



We are independent and will challenge any barriers, assumptions, taboos and ways of working that prevent us from increasing our understanding and improving our approach to child sexual abuse. We recognise that expertise lies in many different places: in lived experiences, practice knowledge and academic research. Working alongside researchers, policymakers and professionals, we work to ensure that an evidence-informed approach is applied to better understanding and responding to child sexual abuse at both an operational and a strategic level.

To find out more about our work beyond training, see [‘What else does the CSA Centre do?’](#) at the end of this brochure.

# Our training

This brochure outlines the CSA Centre's extensive training offer. **All our trainers have significant experience** in working with child sexual abuse across different agencies, and our training content is **regularly reviewed** to ensure that learners have access to the latest developments in research and practice. We apply vigorous standards of **monitoring and evaluation** to all our work; see the next page for more information.

Since the CSA Centre was established in 2017, we have trained more than **7,500 professionals** across social work, education, policing, health, the voluntary sector, adult services and multi-agency teams. With the added flexibility of delivering training online, we have been able to run sessions with around **3,500 professionals** in the past year alone.

The majority of our training is tailored to the local area of any service or organisation, complete with localised information about the scale of child sexual abuse. This data is drawn from local official data and shared alongside comparative national data, to provide a context of child sexual abuse as it may impact your team.

All professionals completing our training courses are provided with a certificate of completion. In addition, a number of CSA Centre courses are certified by the CPD (continuous professional development) certification service. Those that are certified are clearly marked on each training course outline and may be used for your professional records, and included in professional capacities, such as social work annual requirements for registration.

If you are interested in any of our training courses, or a bespoke course, please email Lamont Emesibe at [training@csacentre.org.uk](mailto:training@csacentre.org.uk), outlining your individual objectives and requirements. We are happy to work with you in to develop a course that works for your needs.

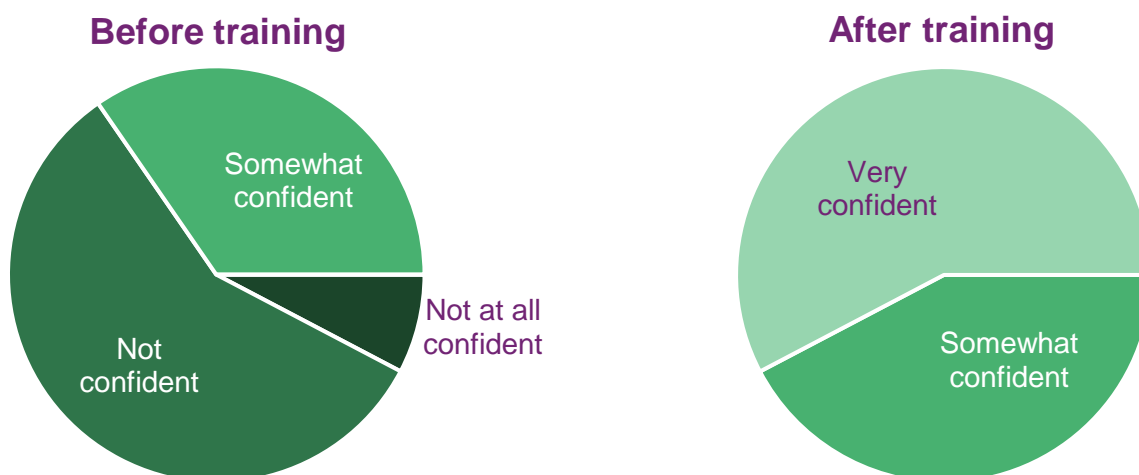


## Effective, impactful training

The CSA Centre has built a reputation for delivering successful training, both online and in person, on child sexual abuse and how to respond to it. We routinely collect feedback from the professionals who attend our training, so that we can drive continuous improvement, sustain our high standards and maintain the best delivery for all participants. You can read evaluations of our training courses and programmes, and testimonials from training participants, at <https://www.csacentre.org.uk/training-events/why-train-with-the-csa-centre/>

As an example of our impact, in 2018 we developed the Child Sexual Abuse Practice Leads Programme: an intensive programme of training and development which sought to build professionals' understanding and confidence in identifying and responding to child sexual abuse and support them to cascade their learning within their services. This was piloted in three local authority children's services, and in a national charity supporting adults with substance misuse support needs who may have a history of child sexual abuse.

In evaluations of the pilots, participants reported **greater confidence in identifying and responding to child sexual abuse**, as shown in these charts relating to the children's services pilot:



The evaluations also found that participants:

- had enhanced their practice, and in many cases had been enabled to develop as specialists within their teams and wider organisations
- were disseminating their learning within their organisations by sharing resources and delivering presentations
- had begun supporting colleagues to overcome the fear and uncertainty that surrounds concerns about child sexual abuse – and, where necessary, were challenging colleagues to ask direct questions and not let child sexual abuse concerns be put aside owing to lack of proof.

The quality of the programme's delivery was highlighted in participants' feedback; they particularly appreciated that such a sensitive and complex subject had been approached in a manner that felt both positive and safe.

# How our training is run

CSA Centre training is always delivered by highly experienced staff from a wide range of different professions, using engaging presentation slides, visual resources and interactive discussions and exercises.

At present our training is delivered predominantly online, via Microsoft Teams or Zoom according to organisational preference. However, we are also happy to deliver training to your organisation or team in-person, if this is your preference, though please note the cost will vary according to method.

## Face-to-face training

The CSA Centre training programme began with in-person courses, and we will always be happy to accommodate this, though please note there is an increased course fee to enable delivery. This covers the increased rate paid to our trainers to deliver our training face-to-face, as well as the additional administration requirements to coordinate logistics. In addition, the commissioner will need to pay any expenses incurred by the trainer to deliver training face-to-face, this may include:

- travel (petrol mileage or train ticket fees),
- overnight accommodation (hotel stay if travelling to the training venue from a long distance),
- any paid parking,
- a meal budget if food isn't provided during the training.

The bulk of our training course costs go towards the payment of our trainers, but as a not-for-profit organisation, the remainder is re-invested into our work delivering research, producing free resources and working to tackle child sexual abuse in England and Wales.

Please contact Lamont Emesibe, our Training Programme manager at [training@csacentre.org.uk](mailto:training@csacentre.org.uk) if you would like to discuss any of the above in more detail.

## A note on cancellation fees

Once a training session or programme has been booked, if the training has to be subsequently cancelled by the commissioner – a fee will be incurred, according to the notice period that was given. If training is cancelled with two to four weeks' notice, you will be charged 25% of the full training course fee. If it is cancelled with two weeks' notice or less, you will be charged a cancellation fee of 50% of the full training course fee. This cancellation policy is in place to be fair to our trainers and cover their payment. *Please get in touch if you would like to discuss this with us further.*

# Training for all agencies

Course/service	Description
<b>An introduction to intra-familial child sexual abuse – taking a multi-agency approach</b>	This one-day, CPD-certified introductory course provides an overview of the key issues for professionals who work in collaboration with other agencies, to help them identify and respond to cases of intra-familial child sexual abuse.
<b>‘Train the trainer’: An introduction to intra-familial child sexual abuse – taking a multi-agency approach</b>	This ‘train the trainer’ course aims to equip those working in multi-agency arrangements with the knowledge, associated training materials and resources to embed this course into their own training programmes. The ambition of this is to support you to increase knowledge internally, reduce reliance on external commissioning and provide ongoing sustainability of this pivotal learning over time.
<b>Communicating with children when you have concerns of sexual abuse course</b>	This course is for anyone who works with children and is looking to develop a more detailed understanding of the barriers children face in communicating abuse and equip them with practical strategies to help.
<b>Child sexual abuse and disability: understanding vulnerabilities and the professional role</b>	The course is grounded in a social understanding of disability to help participants understand how disability, marginalisation and discrimination can affect the prevention, identification, and response of child sexual abuse for disabled children.
<b>Sexual abuse and disabled children - prevention, identification and response</b>	This two-day course builds on the one day to focus on the challenges for professionals working with children across all agencies. It will equip participants with an understanding of the specific needs of disabled young people, the increased risks they face regarding child sexual abuse, and how they can best support.
<b>Working effectively with non-abusing parents and carers</b>	This one-day course equips participants with an understanding of the issues facing non-abusing parents/carers in cases of child sexual abuse, and best practice in engaging them in effective assessment and intervention.
<b>Children and young people who have displayed harmful sexual behaviour</b>	This one-day, CPD-certified course equips participants with an understanding of how to respond and manage harmful sexual behaviour by children.
<b>Harmful sexual behaviour in online contexts course</b>	This half-day course will provide an introduction to harmful sexual behaviour in online contexts - often discussed as of Technology-Assisted Harmful Sexual Behaviour (TA-HSB) - to help professionals respond to



	and manage this behaviour, and to provide effective support to both the child(ren) and their parent(s) or carer(s).
<b>Sibling sexual behaviour and abuse: A course for safeguarding professionals</b>	This one-day course aims to equip professionals working with children, young people and families with an understanding of how to identify when sibling sexual behaviour is of concern and to recognise when sibling sexual behaviour becomes abusive.
<b>An introduction to sibling sexual behaviour and abuse</b>	This half-day, CPD-certified course equips participants with an understanding of how to identify and respond to sibling sexual behaviour and abuse.
<b>Effective whole-family support following arrests for online sexual offending</b>	This unique course will highlight the research evidence relevant to situations where a parent or carer has accessed child sexual abuse material online and provide practical advice for professionals on how to safeguard and support the whole family at a time of great emotional distress.
<b>Working with adult survivors of child sexual abuse</b>	This one-day, CPD-certified course provides an overview of the key issues for those working with adult survivors of child sexual abuse. It aims to increase participants' understanding of the impact of child sexual abuse and help them respond effectively to adult survivors with whom they work.
<b>An introduction to child sexual abuse in the context of exploitation</b>	This engaging one-day course will equip practitioners with an understanding of child sexual abuse in the context of exploitation and an understanding of how to respond and best support children and young people who have been impacted.
<b>Civil orders for sexual and violent offending</b>	This 2-hour course provides an overview of the Civil Orders that can be used to prevent sexual and violent offending and safeguard young people. It will explore evidential issues, language and definitions, and implications for those subject to Orders.
<b>Multi-agency Child Sexual Abuse Practice Leads Programme</b>	See the <a href="#">Advanced training section</a> .

# An introduction to Intra-familial child sexual abuse – taking a multi-agency approach

*One-day course*

£1,400 + VAT for 6 to 50 participants

**Please note:** There is an increased fee to deliver this course face-to-face.



## About the course

This one-day introductory course is designed for professionals who work in collaboration with other agencies, to provide an overview of the key issues to support them in identifying and responding to cases of intra-familial child sexual abuse. It will be delivered by two experts with experience across a multi-agency safeguarding partnership and is CPD-certified as conforming to continuing professional development standards and benchmarks.



## What you can expect to learn

- A better understanding of:
  - the scale and nature of child sexual abuse
  - how the impact of child sexual abuse presents in children and young people
  - how children communicate their experiences of sexual abuse and the professional role in helping them do this
  - how and why sexual abuse happens in families.
- Greater confidence in identifying and responding to concerns of intra-familial child sexual abuse.
- Improved ability to identify the potential signs and indicators of sexual abuse and sexually abusive behaviour.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's *Key messages from research on intra-familial child sexual abuse* – our accessible overview of the latest research and learnings around intra-familial abuse.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- A list of resources for adult survivors of child sexual abuse.
- References and resources list.



## What past attendees said about this course

“I feel much more confident now in being able to have open conversations with children and their families. The point that ‘what if I’m right?’ will stick with me, rather than doubting if I am wrong. Such a difficult topic shared so easily and smoothly – felt at ease through the session.”

**Key worker**

“Extremely emotive, but truly necessary to enable me to be a better worker and braver to make a positive difference.”

**Family support worker**

“I learnt how to effectively support clients that have made disclosures. I found the trainers very knowledgeable.”

**Domestic abuse intervention officer**

“The training helped break down all aspects of child sexual abuse and I feel way more informed in all areas concerning the issue. Excellent training, was engaging throughout with a nice variety of how it was delivered and mix of context, information and real-life examples and advice.”

**Social worker**

“I am currently the safeguarding officer in a secure children's home and respond to a lot of information that the children there share with staff about sexual abuse. This training will help me communicate with the children, respond correctly and advise other staff members.”

**Safeguarding officer**

# \*New\* ‘Train the trainer’: An introduction to intra-familial child sexual abuse – taking a multi-agency approach

*Three-day course*

£4,500 + VAT for 6 to 10 participants

*Before undertaking this course, professionals must have a minimum of three years in practice and have previously attended child sexual abuse training.*

**Please note:** This course is only delivered face-to-face, the cost above is reflective of this.

## About the course

Intra-familial child sexual abuse has been neglected for some time in pre- and post-qualifying training, leaving many professionals working in multi-agency arrangements feeling ill-equipped in the knowledge, skills, and confidence to work on those affected by intra-familial child sexual abuse.

The CSA Centre’s one-day course: *‘Intra-familial child sexual abuse – an introduction for professionals in multi-agency arrangements’* directly addresses this gap, with excellent feedback from participants. Building on that course, this **‘train the trainer’** course aims to equip those working in multi-agency arrangements with the knowledge, associated training materials and resources to embed this course into their own training programmes. The ambition of this is to support you to increase knowledge internally; reducing reliance on external commissioning and provide sustainable learning across the work force.

This course is perfect for those whose role already includes sharing knowledge and learning with others, and who would like to deliver this introductory training on intra-familial child sexual abuse in their place of work. On completion, participants will be equipped with the expertise, materials and resources needed to confidently share this important learning with others. This course plays a fundamental role in getting everyone closer to an improved professional response to child sexual abuse.

## What you can expect to learn

- A developed understanding of the following areas to enable participants to train others:
  - the scale and nature of child sexual abuse
  - the challenges and obstacles in practice, and how to overcome these
  - how the impact of child sexual abuse presents in children and young people
  - how children communicate their experiences of sexual abuse, and the professional role in helping them do this
  - who it is who abuses children
  - how and why sexual abuse happens in families.

- Increased knowledge of the tools, frameworks and resources which can support practice.
- Increased knowledge of different exercises and methods of delivering training materials.
- Increased confidence to deliver training on intra-familial child sexual abuse.

## How the session will be run

This course is delivered in person only, ideally on three consecutive days. Over the three days, the participant will learn to confidently deliver the 1-day course: *'Intra-familial child sexual abuse – an introduction for professionals in multi-agency arrangements'* which will be divided into lesson groups, spread over the three days. The participants will then have the opportunity to practice delivering these lessons in small groups. A central component of this practice will be giving and receiving constructive feedback from both fellow participants and from the facilitator. There will also be ample opportunity for participants to develop their understanding of each of the areas covered on the 1-day course in order to build their confidence in delivering the course themselves.

### Day 1

The first day is an opportunity to observe the facilitator delivering the first part of the introductory course, engaging in focused learning. The introductory course is divided into eight lessons, and Day 1 will cover the first five of these.

- Lesson 1 – Introduction
- Lesson 2 – Setting the scene
- Lesson 3 – Prevalence of child sexual abuse
- Lesson 4 – The obstacles in practice
- Lesson 5 – Impact, signs and indicators of child sexual abuse

There will then be an opportunity for participants to practice delivering this material in small groups. Each practice session will end with an opportunity for feedback and reflection. Lastly, participants will have the opportunity to consider self-care in more detail, sharing thoughts and suggestions with the group.

### Day 2

The second day will provide the opportunity for participants to observe delivery of lessons 6 and 7 before practicing these sessions in small groups.

- Lesson 6 – Our role in communicating with children
- Lesson 7 – What do we know about those who sexually harm?

### Day 3

The third day will begin with a focused discussion on maximising opportunities for embedding the learning in your local area, followed by facilitator delivery and opportunity to practice lessons 8 and 9.

- Lesson 8 – How sexual abuse happens in families
- Lesson 9 – Multi-agency working
- Lesson 10 – In conclusion

Sessions will include the following:

### **Welcome and introductions**

- Meet the other course participants working in the same local authority area or region.

### **Looking after yourself and those you go on to train**

- The importance of reflection.
- What measures need to be in place for the people you go on to train?
- Exploring concerns.

### **A wide range of trainer-related exercises**

- Participants to lead exercises and discussions in small groups, using facilitator notes.
- Constructive feedback to volunteer facilitators and reflection on learning for all.
- Discussion of how best to use resources and exercises in the training.

### **Maximising opportunities for embedding the learning**

- What are the local opportunities for learning to be cascaded? How can the training materials be used within your organisation?
- Sharing ideas with the larger group.

### **Exploring the CSA Centre website and resources with us**

- Practitioner resources:
  - Key messages from research on intra-familial child sexual abuse
  - Medical examinations video
  - Research
- Child Sexual Abuse Response Pathway and related practice resources:
  - Signs and indicators: A template for identifying and responding to concerns of child sexual abuse.
  - *Communicating with children: A guide for those working with children who have or may have been sexually abused.*
  - *Supporting parents and carers: A guide for those working with families affected by child sexual abuse.*
  - *Sibling sexual behaviour: A guide to responding to inappropriate, problematic and abusive behaviour.*



Participants will receive all the materials required to deliver *'Intra-familial child sexual abuse – an introduction for professionals in multi-agency arrangements'* and all handouts and resources associated:

- PowerPoint presentation with full trainer notes.
- All handouts and case studies associated with the course.
- References and resources list.
- Resources and links for adult survivors of child sexual abuse.
- A digital copy of the CSA Centre's *Key messages from research on intra-familial child sexual abuse* – our accessible overview of the latest research and learnings around intra-familial abuse.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.

## What past attendees said about this course

**“Really thorough training. Knowledge and understanding of subject has hugely increased.”**

**Education safeguarding officer**

**“The trainer was very knowledgeable about the subject and delivered this very in-depth course as a good pace. The trainer also ensured we were supported and checked in with us over the 3 days.”**

**Quality & Safeguarding Manager (Children's)**

**“I just want to say a big thank you to you all for the Train the Trainer package you have delivered. All verbal feedback I have received has been so positive. You have really inspired our social workers to want to get this message and training out across our region, thank you.”**

**Partnership Manager**



# \*New\* Communicating with children when you have concerns of sexual abuse course

*One-day course*

£850 + VAT for 6 to 25 participants

**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course is for anyone who works with children in any capacity including those working in children's social care, health (primary care, mental health, accident and emergency, midwifery, health visiting, sexual health), education, youth justice, police, adoption, fostering, voluntary organisations, youth work, and any other relevant services in contact with children and young people.

## About the course

It continues to be the case that far more children are being sexually abused in England and Wales than are identified or safeguarded. Half a million children are estimated to experience some form of sexual abuse each year, yet research indicates only around one in eight cases of child sexual abuse ever reach statutory services' attention.

Both research and practice show that it can take years for a child to get to the point where they feel able to tell someone. Sadly, often the younger the child is when the abuse starts, the longer it can take for it to be uncovered. We cannot forget that there are many barriers to children telling adults about harm and they may not recognise what is happening to them is abuse. It is vital that anyone who works with children knows how to recognise what is happening and understands how to help the child to have that conversation.

This course is for anyone who works with children, in any capacity, to develop their understanding of the many barriers children face in communicating and equip them with practical strategies to give children the confidence to share.

In this one-day course, the first part of the day will focus on understanding why it is difficult for children to tell of their abuse and will look at the core skills needed to give children the confidence to communicate. The second half – will offer practical suggestions for how to begin and continue these conversations - and will offer lots of opportunity for practice, feedback and group learning.

## What you can expect to learn

- A greater understanding of the barriers children face in communicating their experiences of sexual abuse.
- Greater confidence in opening the door to communication with children when you have concerns about sexual abuse.
- Greater confidence in responding to children when they tell you they are, or have been, sexually abused.
- Some practical strategies you can use to give children the confidence to communicate with you.
- A greater understanding of how to communicate with children in different contexts.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's *Key messages from research on intra-familial child sexual abuse*.
- A digital copy of the CSA Centre's *Key messages from research on identifying and responding to disclosures of child sexual abuse*.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- References and resources list.

# \*New\* Child sexual abuse and disability: understanding vulnerabilities and the professional role

*One-day course*

£850 + VAT for 6 to 25 participants

**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This introductory course is for professionals who work with children. This may include in mainstream and special schools, health services, police, children's social care, residential and day care settings, services for learning and physically disabled children, fostering and adoption services, and crucially, those working also with young people with undiagnosed conditions who may have communication, literacy or other special educational needs (SEND). It is also designed and will be beneficial for those providing care and other services to these children and their families.

## About the course

Many disabled children attend mainstream education settings and benefit from other many other universal services, however, they will often have other hidden needs. Some children may have Education and Health Care plans, but the majority will not, meaning that sadly, many continue to 'slip through the net'. Due to these children's increased vulnerabilities, they may be more likely to face higher risks of being sexually abused and exploited than other children and young people.

This one-day course is designed to equip participants with an understanding of the key issues when working with, and considering, the sexual abuse of all disabled children.

The course is grounded in a social understanding of disability and explores what this means, why it matters and how this can positively affect practice. It is designed to help participants deepen their understanding of disability and how marginalisation and discrimination can affect the prevention, identification, and response to disabled children, following concerns of child sexual abuse.

It aims to challenge assumptions and stereotypes to enable confident good practice that best protects all children.

## What you can expect to learn

- A better understanding of:
  - Marginalised groups and how disability, as only one part of a child's identity, is seen and understood.
  - Critical thinking about the assumptions in use in our practice
    - The research base relating to child sexual abuse and disabled young people
    - The impact of child sexual abuse on disabled young people
    - Voices of disabled children and their parents/carers
  - How negative assumptions, social and economic barriers impact the vulnerability of disabled children.
  - Good practice in parenting and care that helps towards more effective abuse prevention
  - Professional and organisational roles and responsibilities
  - Improving responses to disabled children through reasonable adjustments.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the Independent Inquiry into Child Sexual Abuse (IICSA) final report.
- A digital copy of *It's About Ability: Learning Guide on the Convention on the Rights of Persons with Disabilities*, Unicef (2008).
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- References and resources list.

## What past attendees said about this course

**“Great course, very insightful and an eye opener. I would highly recommend. The training is especially useful as our children and young people need that extra level of advocacy.”**

**Support Worker, Social Services**

**“...Informative session delivered really well. Very eye opening to the extent and to what more we could be doing to work together to protect disabled children.”**

**Autism Advisor, Family Support Team**

**“The training provided me with the knowledge and awareness to further support children and young people with disabilities, who may be a victim of sexual abuse. I have gained the knowledge to recognise the key indicators with non-verbal or communication barriers to respond to children and young people’s needs.”**

**Residential Children support worker**



# \*New\* Sexual abuse and disabled children - prevention, identification and response

*Two-day course*

£1,550 + VAT for 6 to 25 participants

**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This two-day course is for professionals working with children in in both mainstream and disability-services. It explores child sexual abuse and disability in greater depth than our one-day course.

The training course be especially useful for those carrying out assessments, child protection inquiries and investigations. This may include police officers and social workers, managers and supervisors, Local Authority Designated Officers, youth offending team workers, those in safeguarding roles within health and education, and staff working in residential, fostering and adoption services.

## About the course

Many disabled children attend mainstream education settings and benefit from other universal services; however, they will often have other hidden needs. Some children may have Education and Health Care plans, but the majority will not, meaning that sadly many continue to 'slip through the net'. Due to their increased vulnerabilities, they may be more likely to face higher risks of being sexually abused and exploited than other children and young people.

This two-day course explores the needs of disabled children in more detail than the one-day course, considering the challenges for professionals across all agencies. Over two days, the training will equip participants with an understanding of the specific needs of disabled young people and the increased risks they face of child sexual abuse across a range of locations and other areas of their lives.

The course is grounded in a social understanding of disability and explores what this means, why it matters and how this can positively affect practice. It is designed to help participants deepen their understanding of disability and how marginalisation and discrimination can affect the prevention, identification, and response to disabled children, following concerns of child sexual abuse.

Using learning from research, practice expertise and child safeguarding practice reviews, the course features case studies, case discussion, reflective and interactive exercises and audio/visual material.

The course aims to challenge assumptions and stereotypes to enable confident good practice that best protects all children.

## What you can expect to learn

This course covers all the learning outcomes outlined in our one-day introductory course.

- A better understanding of:
  - Marginalised groups and how disability, as only one part of a child's identity, is seen and understood.
  - Critical thinking about the assumptions in use in our practice
    - The research base relating to child sexual abuse and disabled young people
    - The impact of child sexual abuse on disabled young people
    - Voices of disabled children and their parents/carers.
- How negative assumptions, social and economic barriers impact the vulnerability of disabled children.
- Good practice in parenting and care that helps towards more effective abuse prevention.
- Professional and organisational roles and responsibilities.

Improving responses to disabled children through reasonable adjustments.

- In addition to those learning outcomes, you can also expect to build on them by developing a greater understanding of:
  - Learning from serious case reviews/child safeguarding practice reviews, and best practice
  - The increased risks faced by disabled children
  - Effective prevention
  - How being disabled may lead to less effective responses and what we can do to change this
  - What good practice looks like, including safer outcomes for disabled children.
- An in depth look at the research on disability and child sexual abuse and what that this means for practice.
- An opportunity to critically reflect on existing responses in your own practice, teams, or organisations.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the Independent Inquiry into Child Sexual Abuse (IICSA) final report
- A digital copy of *It's About Ability: Learning Guide on the Convention on the Rights of Persons with Disabilities*, Unicef (2008).
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- References and resources list.

## What past attendees said about this course

**“The training materials were excellent and she (the trainer) had lots of useful resources which was very helpful.”**

**Social Worker**

**“The training was very insightful and well prepared. Would definitely recommend to manager that if available other staff do the training.”**

**Senior residential care worker**

**“Very good and informative, the training has definitely influenced my practice going forward.”**

**Clinical nurse specialist- learning disabilities**





# Working with non-abusing parents and carers in cases of child sexual abuse

*One-day course*

£850 + VAT for 6 to 25 participants



**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course is for professionals across children's and adults' social care, health (primary care, mental health, midwifery, health visiting), prisons, probation, police, adoption services, fostering services and any other relevant services in contact with parent(s) and/or carer(s).

Professionals attending this course should already have completed our [one-day introductory course on intra-familial child sexual abuse](#).

## About the course

Working effectively with non-abusing parents and carers in cases of child sexual abuse is fundamental to the support and protection of children who are at risk of abuse or have been abused. This course will equip participants with an understanding of the issues facing non-abusing parents/carers whose child has been sexually abused within or outside the family (including by the other parent/carer), and best practice in engaging them in effective assessment and intervention.

## What you can expect to learn

Building on the 'Intra-familial child sexual abuse – an introduction' course, this course will give you greater awareness of:

- the importance of effectively engaging non-abusing parents and carers in cases of child sexual abuse
- the issues facing non-abusing parents and carers when sexual abuse is suspected
- resources that you can use in your practice with non-abusing parents and carers.

You will also develop a better understanding of:

- the process of denial and how best to work with non-abusing parents to overcome this
- the key factors to assess a non-abusing parent or carer's capacity to protect
- family dynamics and communication in cases of child sexual abuse
- ways to intervene with non-abusing parents and carers in cases of child sexual abuse.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's *Key messages from research on intra-familial child sexual abuse*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- Checklist of areas to assess in cases of intra-familial child sexual abuse.
- Outline of the 'Family Dynamics' exercise – notes for intervention.
- A list of resources for parents and carers regarding child sexual abuse.
- A list of resources for adult survivors of child sexual abuse.
- References and resources list.

## What past attendees said about this course

**“I really enjoyed the training. It was very informative and over the 2 days I remained engaged and continuously learning which was really positive.”**

**Senior social worker**

**“All the information has been extremely useful and eased my anxiety of working with non-abusing parents.”**

**Newly Qualified Social Worker**

**“I feel like I have better knowledge to address these concerns with families and the tools to support families.”**

**Social worker**

# Children and young people who have displayed harmful sexual behaviour

*One-day course*

£850 + VAT for 6 to 25 participants



**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course is for professionals across education, health (primary care, mental health, health visiting, sexual health), children's social care, prisons, probation, police, adoption services, fostering services and any other relevant services in contact with children, young people, parent(s) or carer(s).

## About the course

Working effectively with children who have engaged in harmful sexual behaviour – sexual discussions or acts that are inappropriate for a child's age or stage of development – can be challenging, complex and emotional. This one-day course is designed to help professionals respond to and manage this behaviour, and to provide effective support to both the child(ren) and their parent(s) or carer(s). It will also focus and prioritise professional confidence and abilities in effective assessment and intervention.

## What you can expect to learn

- An improved ability to identify whether sexual behaviour is developmentally appropriate, problematic or harmful.
- A greater understanding of the prevalence of harmful sexual behaviour.
- A better understanding of the possible pathways to harmful sexual behaviour.
- Greater confidence in identifying and responding to concerns of harmful sexual behaviour.
- Greater confidence in developing robust and effective safety plans to manage harmful sexual behaviour.
- Greater confidence in supporting non-abusing family members to respond to, and effectively manage, harmful sexual behaviour.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A list of resources for parents and carers regarding harmful sexual behaviour.
- A list of resources to aid assessment and intervention.
- Safety planning frameworks for home and school.
- A digital copy of Signs and indicators: A template for identifying and responding to concerns of child sexual abuse.
- A digital copy of Communicating with children: A guide for those working with children who have or may have been sexually abused.
- A digital copy of Supporting parents and carers: A guide for those working with families affected by child sexual abuse.
- References and resources list.

## What past attendees said about this course

**“Thank you so much for organising the training. It was exactly what we needed and was excellent in every way.”**

**Head of Pre-Prep / Designated Safeguarding Lead**

**“I feel I would be more equipped to support a child and family.”**

**Tenancy officer**

**“Really interesting to learn about and so, so helpful for my practice being a newly qualified social worker.”**

**Children’s social worker**

**“I have worked in this area for a few years before my social work training. This was really helpful to build on my knowledge with new developments.”**

**Social worker**

**“The trainer was very knowledgeable, and the training was well delivered with chance to talk to others and share experiences and opinions. The links for further guidance will be very useful.”**

**Pastoral/attendance officer – primary school**

# \*New\* Harmful sexual behaviour in online contexts course

*Half-day course*

£480 + VAT for 6 to 25 participants



**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course is for all professionals working with children, young people and/or their parent(s) or carer(s). This may include roles across education, health, children's social care, prisons, probation, police, adoption services, fostering services etc.

## About the course

This half-day course provides an introduction to harmful sexual behaviour in online contexts, often referred to as Technology-Assisted Harmful Sexual Behaviour (TA-HSB). This is harmful sexual behaviour - sexual discussions or acts that are inappropriate for a child's age or stage of development – that are facilitated via technology. The CSA Centre know this is an issue many professionals are seeking confidence in addressing, and one that lots of children and young people are struggling with.

Specifically, it will cover the following areas:

- The context and emergence of harmful sexual behaviour in online contexts and why it is an important subject for professionals working with young people.
- Exploration of the (limited) research base, alongside practice examples to highlight considerations for professionals.
- Sexual development in a digital world and what this might mean for today's young people.
- The impact of harmful sexual behaviour in online contexts on children and young people.
- Specific considerations for those who have displayed harmful sexual behaviour in online contexts.
- Considerations working with parents and carers.
- Safety planning for home, school and other settings.

## What you can expect to learn

- Greater knowledge of the prevalence, range and characteristics of harmful sexual behaviour in online contexts for children and young people.

- A greater understanding of how sexual development has been impacted by technology and online contexts for children and young people.
- Greater confidence in identifying and responding to concerns of harmful sexual behaviour in online contexts.
- A better understanding of the impacts on victims of harmful sexual behaviour in online contexts.
- Greater confidence in working with and supporting children and young people who display harmful sexual behaviour in online contexts.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A list of resources for parents and carers regarding harmful sexual behaviour.
- A list of resources to aid assessment and intervention.
- Safety planning frameworks for home and school.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- References and resources list.

## What past attendees said about this course

**“The clarity and knowledge of the trainer, and the many examples that illustrated the theory was excellent.”**

**Safeguarding policy manager**

**“Really good training at a good pace, gave the information we needed.”**

**Lead Practitioner Social Worker**

# \*New\* Sibling sexual behaviour and abuse: A course for safeguarding professionals

*One-day course*

£850 + VAT for 6 to 25 participants

**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course is for any professional who is working in a safeguarding role. It is most useful for those working across children's social care, health, education, police, youth justice, fostering and adoption services and any other relevant services in contact with children, young people, parent(s) or carer(s).

The course is particularly effective for professionals who have attended the full-day course on [children and young people who have displayed harmful sexual behaviour](#).

## About the course

It is thought that between a quarter and a half of all harmful sexual behaviour - sexual discussions or acts that are inappropriate for a child's age or stage of development – displayed by children and young people, involve sibling(s) or close family relatives such as cousins, nephews and nieces. Recognising and responding to incidents of sibling sexual behaviour and abuse can be difficult for professionals, not least because it often challenges commonly held conceptions of what sibling relationships are like.

This one-day course aims to equip professionals working with children, young people and families with an understanding of how to identify when sibling sexual behaviour is of concern and to recognise when sibling sexual behaviour becomes abusive. Furthermore, it aims to provide professionals with a greater understanding of the need to take a whole family approach and provides information on how to do this. The course aims to develop participants' understanding of how to carry out assessment and intervention with families affected by sibling sexual abuse.

We recommend that participants on this course have prior knowledge of child sexual abuse or have attended one of our one-day courses on intra-familial child sexual abuse.

## What you can expect to learn

- A greater understanding of the nature of sibling sexual behaviour and an improved ability to recognise when this behaviour becomes problematic and/or abusive.
- A greater understanding of the prevalence of, and possible pathways to, sibling sexual abuse.
- Greater confidence in identifying sibling sexual abuse.

- Greater confidence in responding to sibling sexual abuse.
- Greater confidence in developing robust and effective safety plans to support children and families to manage the risk of further abuse.
- Greater confidence in adopting a whole family approach to support families affected by sibling sexual abuse.

### Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's accessible overview: *Key messages from research on intra-familial child sexual abuse*.
- Our digital copy of the CSA Centre report *Sibling Sexual Abuse: A Knowledge and Practice Overview*.
- A list of resources for parents and carers regarding harmful sexual behaviour.
- A digital copy of *Sibling sexual behaviour: A guide to responding to inappropriate, problematic and abusive behaviour*
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- References and resources list.



# An introduction to sibling sexual behaviour and abuse

*Half-day course*

£480 + VAT for 6 to 25 participants



**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course is for professionals across children's social care, health (primary care, mental health, accident and emergency, midwifery, health visiting, sexual health), youth justice services, police, adoption services, fostering services and any other relevant services in contact with children, young people, parent(s) or carer(s).

We would recommend professionals who book onto this course have already attended the full-day course on [children and young people who have displayed harmful sexual behaviour](#). For those who want a more in-depth exploration of sibling sexual abuse, please explore our one-day course on this topic.

## About the course

It is thought that between a quarter and a half of all harmful sexual behaviour - sexual discussions or acts that are inappropriate for a child's age or stage of development - displayed by children and young people involve sibling(s) or close family relatives such as cousins, nephews and nieces.

Recognising and responding to incidents of sibling sexual behaviour and abuse can be difficult for professionals, not least because it often challenges commonly held conceptions of what sibling relationships are like. To help, this half-day course equips professionals working with children, young people and families with an understanding of how to identify when sibling sexual behaviour is of concern and to recognise when sibling sexual behaviour becomes abusive.

## What you can expect to learn

- A greater understanding of the nature of sibling sexual behaviour and an improved ability to recognise when this behaviour becomes problematic and/or abusive.
- A greater understanding of the prevalence of, and possible pathways to, sibling sexual abuse.
- Greater confidence in identifying sibling sexual abuse.
- An understanding of the impact of sibling sexual abuse.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's accessible overview: *Key messages from research on intra-familial child sexual abuse*.
- A digital copy of the CSA Centre report *Sibling Sexual Abuse: A Knowledge and Practice Overview*.
- A list of resources for parents and carers regarding harmful sexual behaviour.
- A digital copy of *Sibling sexual behaviour: A guide to responding to inappropriate, problematic and abusive behaviour*
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- References and resources list.

## What past attendees said about this course

**“Just wanted to thank you for yesterday! I have met with some social workers today who attended yesterday’s session and all spoke of finding it very helpful, useful, the pace and the information was absolutely ‘spot on’ as one social worker has informed me.”**

**Practice development adviser**

**“Really helpful to learn about the prevalence of this as I wasn’t aware the statistics were as high as they are.”**

**Social worker**

**“This will be extremely helpful in my role as I know feel more equipped to recognise and respond to sibling sexual abuse.”**

**Children in care team”**

**“Very knowledgeable training, good time frame!**

**Social worker**

# \*New\* Effective whole-family support following arrests for online sexual offending

*One-day course*

£850 + VAT for 6 to 25 participants

**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course is for anyone whose role involves supporting families where a parent or carer has committed a sexual offence online. For example, it is ideal for frontline professionals and managers, and for those working in policing, social work, family support work, probation and education.

## About the course

Each month hundreds of families find out a parent or carer has accessed child sexual abuse material and the impact of this on children and families can be devastating. Understanding how and why this experience can be so traumatising for families is the first step to effectively supporting them; so getting the professional response right is pivotal in helping mitigate the impact.

Working with families where a parent has accessed child sexual abuse material means professionals have to both assess and address risk of harm to children in the family, while also providing emotional and practical support. When a parent sexually offends online professionals need to understand the factors which may indicate a child has or may be sexually abused, while offering essential support to all the family.

This course will highlight the research evidence on this type of offending and provide practical advice for professionals on how to safeguard and support families at a time of great emotional distress.

## What you can expect to learn

- A greater understanding of the scale and nature of online child sexual abuse.
- A greater understanding of the impact on the family as a whole and on individual family members.
- A greater understanding of the risk and protective factors associated with online sexual offending.
- A greater confidence in identifying the risk and protective factors associated with online sexual offending.
- A greater understanding of how the professional response can help mitigate impact on the whole family.
- An increased confidence in providing supportive responses to the whole family.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of *Managing risk and trauma after online sexual offending: A guide to help professionals safeguard the whole family when a parent has accessed child sexual abuse material.*
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse.*
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused.*
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse.*
- References and resources list.



# Working with adult survivors of child sexual abuse

*One-day course*

£1,400 + VAT for 6 to 50 participants



**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course will be especially relevant to professionals whose work brings them into contact with adults who may have been sexually abused in childhood; this includes professionals in substance misuse services, homelessness and housing, health (primary care, mental health, accident and emergency, midwifery, health visiting, sexual health), adult social services, prisons, probation and police.

## About the course

This CPD-certified course gives professionals an overview of the key issues when working with adults who were sexually abused in childhood. It is designed to increase participants' understanding of the impact of child sexual abuse, and to help them respond effectively and supportively to adult survivors with whom they work.

There are substantial numbers of adult survivors of child sexual abuse within adult mental health and substance misuse services, in the criminal justice system, in abusive relationships and with their own children being subject to intervention from children's services. Being sexually abused as a child can affect every area of a person's development; the short- and long-term impacts on mental health and wellbeing include substance misuse, 'risky' sexual behaviours, offending, physical health, illness, disability, difficulties in interpersonal relationships, and increased vulnerability to re-victimisation through childhood and adulthood.

This course has been developed collaboratively with people who have lived experience of child sexual abuse, to ensure that it reflects their experiences and what they need from professionals. It is led by two trainers: one is an expert by experience, and the other has a background in working with vulnerable adults who were sexually abused as children.

## What you can expect to learn

Following this training, participants will have a better understanding of:

- the importance of recognising and responding to adults who were sexually abused as children
- how child sexual abuse takes place and the impact of the grooming process on the victim into adulthood
- how childhood trauma affects the brain, and the long-term impact of child sexual abuse
- what makes it difficult for professionals to talk about child sexual abuse with adults, and how professionals might ask about it
- what supports recovery after childhood sexual abuse and the role of professionals.

They will have increased their confidence to:

- recognise trauma in adults
- know when and how to ask adults about their experiences of child sexual abuse
- be able to respond when an adult discloses that they were sexually abused in childhood.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of the University of Bedfordshire paper *Responding Sensitively to Survivors of Child Sexual Abuse: An Evidence Review*.
- Handout on managing disclosures of child sexual abuse from adults.
- Resources and links for adult survivors of child sexual abuse.
- References and resources list.

# \*New\* An introduction to child sexual abuse in the context of exploitation

## *One-day course*

£850 + VAT for 6 to 25 participants

**Please note:** There is an increased fee to deliver this course face-to-face.

### Who is this course for

This course is for professionals across education, health (primary care, mental health, school nursing, sexual health), children's social care, police, voluntary sector organisations, youth offending, fostering and adoption services, residential care and specialist providers.

### About the course

Following a series of high-profile cases of child sexual exploitation across the UK, there has been increasing awareness of the problem, with a significant amount of attention given to the need for better inter-agency responses. This engaging one-day course aims to equip practitioners with an understanding of child sexual abuse in the context of exploitation and an understanding of how to respond and best support children and young people who have been impacted. The course provides an overview of the signs and indicators of child sexual exploitation, the concept of exchange and the limitations of risk assessments. There is a focus throughout the day on developing knowledge, skills and confidence in talking to children when there are concerns of child sexual abuse in the context of exploitation.

### What you can expect to learn

- How to describe child sexual exploitation as a form of child sexual abuse.
- How to describe the grooming process and the integral role it plays in exploiting children and young people.
- Recognise how changes in society have impacted on policy related to how children are safeguarded.
- Discuss the use of language in describing children and young people affected by child sexual exploitation and how this impacts our response to them.
- Describe the experiences that increase the vulnerability of young people to child sexual exploitation.
- List the signs and indicators specific to child sexual exploitation and apply this knowledge in practice.
- Explore the contextual safeguarding model and the challenges it has in relation to child sexual exploitation.
- Debate the value of existing risk assessment tools in safeguarding.
- Display confidence in effectively managing risk.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- A list of resources for children and families affected by child sexual abuse in the context of exploitation.
- References and resources list.

## What past attendees said about this course

**“It is one of the most impactful training courses I have been on, and it allowed me to start to embed changes in practice straight away due to the ease of the information being shared/taught.”**

**Specialist support worker**

**“I have massively not only increased my knowledge and understanding but also my passion.”**

**Service manager**





# \*New\* Civil orders for sexual and violent offending

*Short two-hour course*

£300 + VAT for 6 to 25 participants

**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course is for professionals across policing, children's social care, health, education, third sector and charitable organisations and any other relevant services in contact with children, young people, parents or carers.

## About the course

This concise but effective 2-hour course provides an overview of the civil orders that can be used to prevent sexual and violent offending and safeguard young people. It will explore evidential issues, language and definitions, and implications for those subject to orders. Importantly the course will reflect on ethical considerations and implications of using these orders, particularly in relation to young people.

There will be time during the course for participants to discuss challenges in applying and using civil orders within their own practice and areas of work.

## What you can expect to learn

- A better understanding of:
  - Civil orders and how they can be used in practice
  - The different burdens of evidential proof relating to both criminal and civil orders in cases of child sexual abuse
  - Civil orders both with or without a substantive conviction (i.e. civil orders that can be applied regardless of whether or not the individual has been charged/cautioned by the police and/or convicted at court)
  - The civil order application process
  - Implications for people subject to civil orders.
- And a greater confidence in:
  - Knowing which civil orders may be helpful in individual cases
  - Challenging the appropriateness of civil orders.

## Additional resources

- PowerPoint slides for individuals to refer back to and keep for reflection.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- A list of helpful links and resources related to civil orders.

## What past attendees said about this course

**“Really informative and applicable to practice. This training was very much needed, can see it as an example of future best practice for multi-agency professionals working in child sexual abuse. Can't think of a better training course I have been on for a long time. Thank you.”**

**Senior Practitioner, The Junction, South Yorkshire**

**“Immensely helpful for practice in understanding use of the orders, application process, and how to support a young person for whom an order is being applied.”**

**Senior Practitioner**

**“Feeling more confident in being able to challenge decisions and ensure that orders are more tailored to the young person rather than an adult.”**

**Practitioner, Safer Futures**

# Training for social workers

Course/service	Description
<b>Intra-familial child sexual abuse – an introduction for social workers</b>	This one-day introductory course provides an overview of the key issues, to help social workers identify and respond to cases of intra-familial child sexual abuse.
<b>Intra-familial child sexual abuse for social workers – intermediate level</b>	This two-day course incorporates the introductory course above, and goes beyond it to improve social workers' knowledge, skills and confidence in assessing and intervening with families where there are concerns of child sexual abuse.
<b>Working effectively with non-abusing parents and carers</b>	This one- or two-day course equips participants with an understanding of the issues facing non-abusing parents/carers in cases of child sexual abuse, and best practice in engaging them in effective assessment and intervention.
<b>Supervising cases of child sexual abuse for social work managers</b>	This two-day course provides the necessary knowledge of intra-familial sexual abuse for managers and supervisors to feel confident in supporting and supervising social workers.
<b>Intra-familial child sexual abuse - An introduction for Cafcass Family Court Advisers</b>	This one-day introductory course provides an overview of the key issues needed to support Family Court Advisers in responding to cases where there are concerns of intra-familial child sexual abuse in the private and public family court arena.
<b>Intra-familial child sexual abuse – an introduction for social work students</b>	This one-day introductory course provides an overview of the key issues, to help social work students learn how to identify and respond to cases of intra-familial child sexual abuse.
<b>'Train the trainer': Intra-familial child sexual abuse – an introduction for social workers</b>	This three-day course aims to equip local authorities and university social work programmes with the knowledge, associated training materials and resources to embed our introductory course (see above) into their own training programmes.
<b>Child Sexual Abuse Practice Leads Programme for social work professionals</b>	See the <a href="#">Advanced training section</a> .



# Intra-familial child sexual abuse – an introduction for social workers

*One-day course (or as two half-days)*

£850 + VAT for 6 to 25 participants



**Please note:** There is an increased fee to deliver this course face-to-face.

## About the course

This one-day introductory course provides an overview of the key issues that will support social workers in identifying and responding to cases of intra-familial child sexual abuse.



## What you can expect to learn

- A better understanding of:
  - the scale and nature of child sexual abuse
  - how the impact of child sexual abuse presents in children, young people and adults
  - how children communicate their experiences of sexual abuse, and the professional role in helping them do this
  - how and why sexual abuse happens in families
  - the importance of a 'whole family' approach to assessing and intervening with families.

- Improved ability to identify the potential signs and indicators of sexual abuse and sexually abusive behaviour.
- Greater confidence in identifying and responding to concerns of intra-familial child sexual abuse.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's *Key messages from research on intra-familial child sexual abuse*.
- Framework for practice in cases of intra-familial child sexual abuse.
- Checklist of areas to assess in cases of intra-familial child sexual abuse.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- A list of resources for adult survivors of child sexual abuse.
- References and resources list.

## What past attendees said about this course

**“I really enjoyed it. It was so informative, and I loved that it was live, allowing a lot of spaces for people to ask questions. The breakout rooms were also great. Overall, a fantastic and incredibly helpful day, delivered wonderfully. So much to think about for practice and many new hypotheses generated for my families. Thanks!”**

**Social worker**

**“Throughout this training, I have considered families I am currently working with and have worked with in the past and feel that this training would have benefitted me when working with those families. I feel that my understanding of why and how perpetrators abuse children has been strengthened. I have really enjoyed the training and found it very informative.”**

**Social worker**

# Intra-familial child sexual abuse for social workers – intermediate level

*Two-day course*

£1,550 + VAT for 6 to 25 participants

**Please note:** There is an increased fee to deliver this course face-to-face.

## About the course

Social work practice in cases of suspected child sexual abuse can be complex, emotional, and challenging. We use a combination of practice experience, the latest research, and reflections from the perspectives of children, young people, and adult survivors in this empowering two-day course. It is specifically designed to improve the knowledge, skills, and confidence of social workers in assessing and intervening with families where there are concerns of child sexual abuse.

## What you can expect to learn

This course covers all the learning outcomes outlined in our [one-day introductory course](#). In addition to those learning outcomes, you can also expect to build on them by developing:

- improved ability to apply theory about how sexual abuse happens in families to practice, in cases of child sexual abuse
- increased knowledge and understanding of tools to support assessment in cases of alleged, suspected or known child sexual abuse
- a better understanding of the key factors to assess, and how to intervene effectively, in cases of alleged, suspected or known child sexual abuse, taking a whole family approach
- increased ability to undertake effective assessments of child sexual abuse, including considerations for the child, the alleged/suspected perpetrator and the non-abusing parent(s)
- increased knowledge of the key tenets of family safety planning.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's *Key messages from research on intra-familial child sexual abuse*.
- A framework for practice in cases of intra-familial child sexual abuse.
- A checklist of areas to assess in cases of intra-familial child sexual abuse.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- A list of resources for adult survivors of child sexual abuse.
- References and resources list.

## What past attendees said about this course

**“I feel more confident that I can talk to children and young people and their experiences without being so concerned that I may say the wrong thing.”**

**Social worker**

**“The trainer had such clarity in their explanations and was so brave in their delivery, which made what was quite a scary topic into something I personally feel more confident in talking about and working with now.”**

**Social worker**

**“I thought overall it was a very informative training. I am more confident in the subject area and excited to go back to the team with what I have learnt. I thought the trainer was excellent at presenting the training and very approachable.”**

**Social worker**

**“This training should be mandatory for all. Thank you all so much for all this work you're doing.”**

**Social worker**

# Working with non-abusing parents and carers in cases of child sexual abuse

*Two-day course\**

£1,550 + VAT for 6 to 25 participants



*\* A one-day version of this course, priced at £850 + VAT for 6 to 25 participants, is available for social workers who have already attended our one-day introductory course on intra-familial child sexual abuse*

**Please note:** There is an increased fee to deliver this course face-to-face.

## About the course

Working effectively with non-abusing parents and carers in cases of child sexual abuse is fundamental to the support and protection of children who are at risk of abuse or have been abused. This course will equip social workers with an understanding of the issues facing non-abusing parents/carers whose child has been sexually abused and best practice in engaging them in effective assessment and intervention.

## What you can expect to learn

This course covers the learning points of our [Intra-familial child sexual abuse – an introduction for social workers](#) training, and will also give you:

- greater awareness of:
  - the importance of effectively engaging non-abusing parents and carers in cases of child sexual abuse
  - the issues facing non-abusing parents and carers when sexual abuse is suspected
  - resources that social workers can use in their practice with non-abusing parents and carers.
- better understanding of:
  - the process of denial and how best to work with non-abusing parents to overcome this
  - the key factors to assess a non-abusing parent or carer's capacity to protect
  - family dynamics and communication in cases of child sexual abuse
  - ways to intervene with non-abusing parents and carers in cases of child sexual abuse.



## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's *Key messages from research on intra-familial child sexual abuse*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- A checklist of areas to assess in cases of intra-familial child sexual abuse.
- An outline of the 'Family Dynamics' exercise – notes for intervention.
- A list of resources for parents and carers regarding child sexual abuse.
- A list of resources for adult survivors of child sexual abuse.
- References and resources list.

## What past attendees said about this course

**“I really enjoyed the training. It was very informative and over the 2 days I remained engaged and continuously learning which was really positive.”**

**Senior social worker**

**“All the information has been extremely useful and eased my anxiety of working with non-abusing parents.”**

**Newly Qualified Social Worker**

**“I feel like I have better knowledge to address these concerns with families and the tools to support families.”**

**Social worker**

**“I have found the training interesting to reflect on my practice and my experience working with families who have been impacted by sexual abuse and how it can feel for the non abusing parent.”**

**Senior Social Worker**

# Supervising cases of child sexual abuse for social work managers

*Two-day course*

£1,550 + VAT for 6 to 25 participants

**Please note:** There is an increased fee to deliver this course face-to-face.

## About the course

Social work practice in cases of suspected intra-familial child sexual abuse can be complex, emotional and challenging. The supervisor's role in supporting social workers to make the right decisions with these families is fundamental to reducing the risk of sexual abuse to children and young people, and to supporting them when abuse has occurred. This two-day course aims to give supervisors and managers the knowledge they need to feel confident supporting social work practice in these circumstances.

## What you can expect to learn

The course's focus is on equipping managers with the knowledge needed to effectively support social work practice in relation to cases of intra-familial child sexual abuse, specifically:

### Increasing knowledge on child sexual abuse

- A better understanding of:
  - the scale and nature of child sexual abuse
  - the challenges and obstacles in practice, and how to overcome these
  - how the impact of child sexual abuse presents in children and young people
  - how children communicate their experiences of sexual abuse, and the professional role in helping them do this
  - how sexual abuse happens in families
  - the importance of a 'whole family' approach to assessing and intervening with families.

### Applying the knowledge to supervising and supporting social workers

- Better understanding of the impact of the work on social workers, and how best to support them.
- Greater awareness of tools and resources that social workers can use in their practice with children and families.
- Increased confidence in supporting staff to:
  - identify child sexual abuse
  - build a picture of concerns in cases of suspected child sexual abuse
  - undertake family assessments in cases of intra-familial child sexual abuse

- intervene effectively in cases of intra-familial child sexual abuse.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A template for 'exploring and overcoming barriers' in supervision.
- A framework for practice in cases of intra-familial child sexual abuse.
- A checklist of areas to assess in cases of intra-familial child sexual abuse.
- A digital copy of the CSA Centre's *Key messages from research on intra-familial child sexual abuse*.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- A list of resources for adult survivors of child sexual abuse.
- References and resources list.

## What past attendees said about this course

**“The trainer was excellent and provided a very sensitive mix of information providing and activities for reinforcement ... The trainer treated everyone with dignity and respect and never made you think that any question was a ‘stupid question’.”**

**Child protection conference chair**

**“I feel better equipped in supervising social workers who have child sexual abuse cases ... and in recognising signs of child sexual abuse.”**

**Social work manager**

**“[I will use this training in] thinking about how best to support staff and consider risk on a daily basis ... the training has reinforced the need to ensure staff have access to supportive supervision particularly when they have child sexual abuse cases.”**

**Team manager**

# \*New\* Intra-familial child sexual abuse - An introduction for Cafcass Family Court Advisers

*One day course*

£850 + VAT for up to 25 participants

**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course has been developed specifically for Cafcass Family Court Advisors to support them with managing cases involving suspected and confirmed cases of intra-familial child sexual abuse. Content will also be relevant to cases involving other types of child sexual abuse, for example, child sexual exploitation.

## About the course

This one-day introductory course provides an overview of the key issues needed to support Family Court Advisers in responding to cases where there are concerns of intra-familial child sexual abuse in the private and public family court arena.

The course is slightly adapted for Cafcass Cymru to incorporate the CSA Centre Practice Guidance on working with known or suspected child sexual abuse within families, which was commissioned by Cafcass Cymru.

## What you can expect to learn

- A better understanding of:
  - the scale and nature of child sexual abuse
  - how the impact of child sexual abuse presents in children, young people and adults
  - how children communicate their experiences of sexual abuse, and the professional role in helping them do this
  - how and why sexual abuse happens in families
  - the importance of a 'whole family approach' to assessing what may be happening to a child within their family context.
- Improved ability to identify the potential signs and indicators of sexual abuse and sexually abusive behaviour.
- Greater confidence in responding to concerns of intra-familial child sexual abuse.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's *Key messages from research on intra-familial child sexual abuse*.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A checklist of areas to assess in cases of intra-familial child sexual abuse.
- A list of resources for parents and carers regarding child sexual abuse.
- A list of resources for adult survivors of child sexual abuse.
- Reference and resource list.

## What past attendees said about this course

**“I really feel it gave clarity, tools and checklists to help identify, focus and evidence what we are often thinking but may struggle to set out. Some fantastic pointers about relationships, feelings and dynamics.”**

**Senior Learning & Development manager**

**“This training will assist both in terms of my day-to-day contact with children and young people and recommendations that I may make to the court.”**

**Family Court Advisor**

**“I have already used the [signs and indicators template], one reference and the knowledge from the training within a Court report. I was of the view it bolstered my report and assisted me in undertaking a risk assessment and analysis of the situation.”**

**Family Court Advisor**

# Intra-familial child sexual abuse – an introduction for social work students



*One-day course tailored for students*

**From £850 + VAT (plus technical support if required)**

*Please contact us to discuss class numbers and attendees.*

**Please note:** There is an increased fee to deliver this course face-to-face.

## About the course

This one-day introductory course provides an overview of the key issues that social work students need to know in order to identify and respond to cases of intra-familial child sexual abuse in practice.

## What you can expect to learn

- A better understanding of:
  - the scale and nature of child sexual abuse
  - how the impact of child sexual abuse presents in children, young people and adults
  - how children communicate their experiences of sexual abuse, and the professional role in helping them do this
  - how and why sexual abuse happens in families
  - the importance of a 'whole family' approach to assessing and intervening with families.
- Improved ability to identify the potential signs and indicators of sexual abuse and sexually abusive behaviour.
- Greater confidence in identifying and responding to concerns of intra-familial child sexual abuse.

## Technical support

The nature of this course requires the CSA Centre to provide additional technical support. Our preferred method of online training delivery is via Zoom, as this allows for the most engaging presentation with breakout rooms, polls and private chats. We are well equipped to set up and facilitate all Zoom training, while always ensuring that all security measures are in place. That said, we do recognise some organisations are prohibited from using this platform and may prefer to use Microsoft Teams. All technical support comes at an additional cost of **£500 + VAT for a day**.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's *Key messages from research on intra-familial child sexual abuse*.
- A framework for practice in cases of intra-familial child sexual abuse.
- A checklist of areas to assess in cases of intra-familial child sexual abuse.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- A list of resources for adult survivors of child sexual abuse.
- References and resources list.

## What past attendees said about this course

**“Great how it links so closely to what many of us are working on right now. Makes some of those challenging conversations I know are coming seem more manageable.”**

**Social work student**

**“Absolutely brilliant ... engaging, interesting and concise. It was explicit at times (which I felt was actually very useful) as previous child sexual exploitation training that I had done had been too vague and scared to talk about the actualities.”**

**Social work student**

**“Brilliant session, very interesting, the use of technology, wealth of information, open discussions. I usually don't speak out but felt very comfortable in the space you created to share confidently and openly.”**

**Social work student**

**“It gave us lots of practical ideas and thoughts to take forwards into our practice. I feel represented as a survivor, enabling me to be reflexive and also suitably challenged.”**

**Social work student**

# 'Train the trainer': Intra-familial child sexual abuse – an introduction for social workers

*Three-day course*

£4,500 + VAT for 6 to 10 participants



*Before undertaking this course, professionals must have a minimum of three years in practice and have previously attended child sexual abuse training.*

**Please note:** This course is only delivered face-to-face, the cost above is reflective of this.

## About the course

Intra-familial child sexual abuse has been neglected for some time in pre- and post-qualifying social work training, leaving many social workers and other children's services staff feeling ill-equipped in the knowledge, skills, and confidence to work on these cases. The CSA Centre has developed a one-day ['Intra-familial child sexual abuse – an introduction for social workers'](#) course to address this knowledge gap, with excellent feedback from participants.

This **'train the trainer'** course aims to equip local authorities and university social work programmes with the knowledge, associated training materials and resources to embed this course into their own training programmes. Its purpose is to increase knowledge internally, reduce reliance on external commissioning and provide ongoing sustainability of this pivotal learning over time.

This course is perfect for those whose role already includes sharing knowledge and learning with others, and who would like to deliver the introductory training on intra-familial child sexual abuse in their place of work. Taking part in this course takes us one step closer to the ultimate goal of improving the professional response to child sexual abuse.

## What you can expect to learn

- A developed understanding of the following areas to enable participants to train others:
  - the scale and nature of child sexual abuse
  - the challenges and obstacles in practice, and how to overcome these
  - how the impact of child sexual abuse presents in children and young people
  - how children communicate their experiences of sexual abuse, and the professional role in helping them do this
  - who it is who abuses children
  - how and why sexual abuse happens in families.
- Increased knowledge of the tools, frameworks and resources which can support practice.
- Increased knowledge of different exercises and methods of delivering training materials.



- Increased confidence to deliver training on intra-familial child sexual abuse.

## How the course will be run

Our preferred platform for delivering the course is Zoom, as it provides the best usability for 'train the trainer' courses. If you are not able to use Zoom, we can provide the training through Teams and are happy to discuss this further.

Delivery of our training includes presentations alongside interactive small group exercises, larger group discussions and video/audio material. All of our courses have been presented many times, so we work in a way that we know really resonates, balancing learning with individual and collective reflections.

There will be engaging tasks for all participants to complete in between sessions, including acquainting themselves with the training manual and associated materials, and identifying opportunities within their local area for delivery.

### Day 1

The first day is an opportunity to observe the facilitator delivering the first part of the introductory course, engaging in focused learning. The introductory course is divided into eight lessons, and Day 1 will cover the first five of these.

- Lesson 1 – Introduction
- Lesson 2 – Setting the scene
- Lesson 3 – Prevalence of child sexual abuse
- Lesson 4 – The obstacles in practice
- Lesson 5 – Impact, signs and indicators of child sexual abuse

There will then be an opportunity for participants to practice delivering this material in small groups. Each practice session will end with an opportunity for feedback and reflection. Lastly, participants will have the opportunity to consider self-care in more detail, sharing thoughts and suggestions with the group.

### Day 2

The second day will provide the opportunity for participants to observe delivery of lessons 6 and 7 before practicing these sessions in small groups.

- Lesson 6 – Children's disclosures and the social work role
- Lesson 7 – Who commits sexual abuse?

### Day 3

The third day will begin with a focused discussion on maximising opportunities for embedding the learning in your local area, followed by facilitator delivery and opportunity to practice lessons 8 and 9.

- Lesson 8 – How sexual abuse happens in families
- Lesson 9 – In conclusion

Sessions will include the following:

### **Welcome and introductions**

- Meet the other course participants working in the same local authority area or region.

### **Looking after yourself and those you go on to train**

- The importance of reflection.
- What measures need to be in place for the people you go on to train?
- Exploring concerns.

### **A wide range of trainer-related exercises**

- Participants to lead exercises and discussions in small groups, using facilitator notes.
- Constructive feedback to volunteer facilitators and reflection on learning for all.
- Discussion of how best to use resources and exercises in the training.

### **Maximising opportunities for embedding the learning**

- What are the local opportunities for learning to be cascaded? How can the training materials be used within your organisation?
- Sharing ideas with the larger group.

### **Exploring the CSA Centre website and resources with us**

- Professional resources:
  - *Key messages from research on intra-familial child sexual abuse*
  - *Medical examinations video*
- Child Sexual Abuse Response Pathway and related practice resources covering:
  - *A digital copy of Signs and indicators: A template for identifying and responding to concerns of child sexual abuse.*
  - *A digital copy of Communicating with children: A guide for those working with children who have or may have been sexually abused.*
  - *A digital copy of Supporting parents and carers: A guide for those working with families affected by child sexual abuse.*



## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection, as well as trainer notes.
- Trainer handbook.
- All handouts and resources associated with the introductory course:
  - Framework for practice in cases of intra-familial child sexual abuse.
  - Checklist of areas to assess in cases of intra-familial child sexual abuse.
  - List of resources for parents and carers regarding child sexual abuse.
  - List of resources for adult survivors of child sexual abuse.
  - References and resources list.

## What past attendees said about this course

**“You have really inspired our social workers to want to get this message and training out across our region, thank you.”**

**Partnership manager**

**“This was an excellent programme ... invaluable for both qualified and qualifying professionals.”**

**Programme manager**

**“I have learnt lots from this training and can take so much forward to improve my own teaching and assessment of students.”**

**University lecturer, Social Work Department**

**“The training materials are really comprehensive and will be able to be used in a variety of ways with staff at different levels of their career.”**

**Practice development officer**

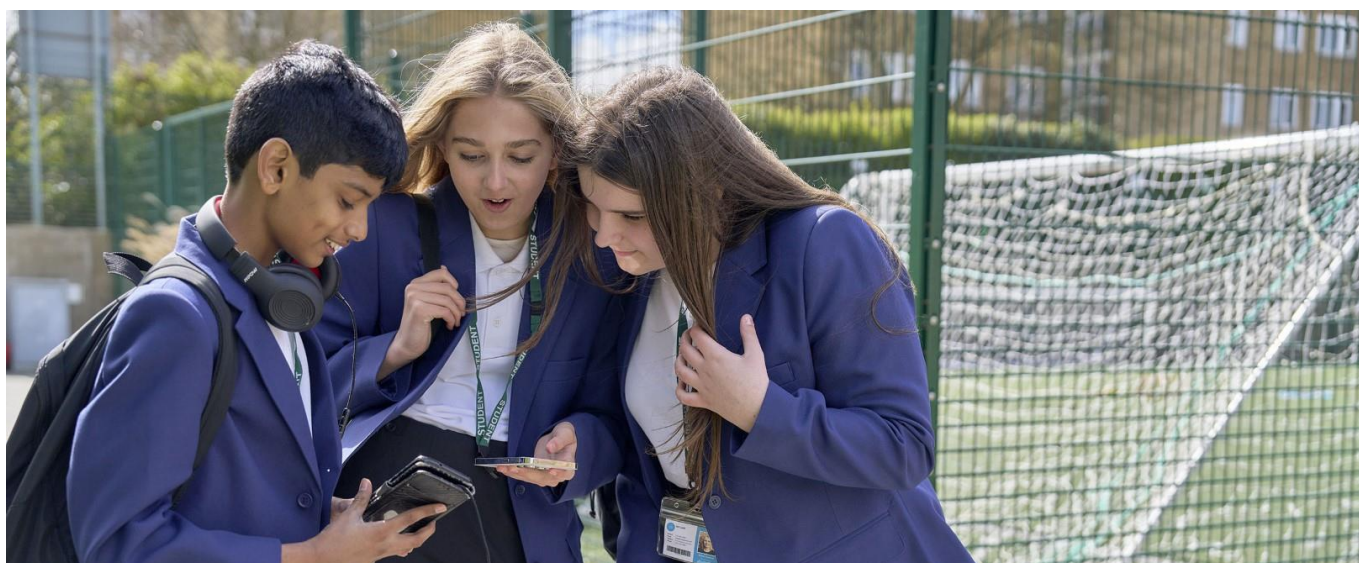
**“The pace was great and facilitators were always proactive in getting the most from participants. I think you were fabulous!”**

**Senior lecturer, Department of Social Work**

# Training for schools

Course/service	Description
<b>Identifying and responding to child sexual abuse – a course for Designated Safeguarding Leads</b>	Aimed at Designated Safeguarding Leads (DSLs) in schools and colleges, this course – run over two mornings – provides an overview of the key issues to support the identification of and response to cases of child sexual abuse. With a focus on intra-familial child sexual abuse and harmful sexual behaviour involving peers, it can be tailored to DSLs in primary schools or those in secondary schools/colleges.
<b>Understanding how to identify and respond to child sexual abuse – a course for the education workforce</b>	Run over four 90-minute sessions, this course provides an overview of the key issues to help all professionals in education develop a better knowledge and understanding of child sexual abuse. Topics include the scale and nature of child sexual abuse, its impact, the potential signs and indicators of such abuse, and how to talk to children when there are concerns. You will learn about intra-familial child sexual abuse and harmful sexual behaviour involving peers.
<b>Understanding and preventing organisational child sexual abuse in education settings</b>	This course is designed to equip participants with an understanding of the issues facing organisations and staff groups in being aware of, and preventing, the possibility of sexual abuse or inappropriate behaviour by staff and volunteers.

*Please note: these courses are usually run for between 6 and 25 participants, but please [contact us](#) if you would like to discuss alternative arrangements. For example, if you are interested in booking for all schools in a local authority area, across a multi-academy trust or if you are interested in commissioning this training for a single school or individual education professionals.*



# Identifying and responding to child sexual abuse – a course for Designated Safeguarding Leads



*One day, or two half-days*

£850 + VAT for 6 to 25 participants, but can be tailored according to organisational requirements

**Please note:** There is an increased fee to deliver this course face-to-face.

## About the course

This course provides an engaging overview of the key information Designated Safeguarding Leads (DSLs) in schools and colleges need to understand to identify and respond to cases of child sexual abuse. With a focus on intra-familial child sexual abuse and harmful sexual behaviour involving peers, it has been designed so that participants can confidently cascade learning in their own education setting: resources including case studies, trainer notes and presentation materials will be provided to equip them to do this.

The course can be tailored to DSLs in primary schools, or those in secondary schools and colleges.

## What you can expect to learn

- A better understanding of:
  - the scale and nature of child sexual abuse, with particular focus on intra-familial child sexual abuse and harmful sexual behaviour involving peers
  - how the impact of child sexual abuse presents in children and young people, with particular focus on how it may present in an education environment
  - how education professionals can build a picture of their concerns of child sexual abuse, and when a referral to children's services should be made
  - how children communicate their experiences of sexual abuse, and the role that education professionals can play in helping them do this.
- Greater confidence in identifying and responding to concerns of intra-familial child sexual abuse.
- Greater confidence in identifying and responding to harmful sexual behaviour between peers.
- Improved ability to identify the potential signs and indicators of sexual abuse and sexually abusive behaviour.

## Additional resources

- ‘Cascading packs’ to equip participants with the materials to disseminate the information to their wider staff teams, through their school staff development or INSET programme.
- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- A list of useful resources, reports, and research to support your work and ongoing learning.
- References and resources list.

## What past attendees said about this course

**“All DSLs should have the training and this can then be shared with all school staff. It is an area we need to feel confident in managing so we can pass that confidence on to our staff team.”**

**Designated Safeguarding Lead**

**“I think it will help give all staff confidence that they can deal with child sexual abuse and respond to all parties in an appropriate manner.”**

**Designated Safeguarding Lead**

**“It actually exceeded my expectations. I found the day to be practical and have plenty of thoughts to take away and use back at school. I felt it was good to just focus on this area specifically as it is so important and not enough is out there for primary schools.”**

**Designated Safeguarding Lead (primary school)**

# Understanding how to identify and respond to child sexual abuse – a course for the education workforce

*Four 90-minute sessions*

£850 + VAT for 6 to 25 participants

**Please note:** There is an increased fee to deliver this course face-to-face.

## About the course

This course provides an overview of the key issues, to help all professionals in education to develop a better knowledge and understanding of child sexual abuse. Topics covered include the scale and nature of child sexual abuse, its impact, the possible signs and indicators of such abuse, and how to talk to children when there are concerns. You will learn about intra-familial child sexual abuse and harmful sexual behaviour involving peers.

Everyone working in education has a responsibility to safeguard children, so this course is for all teachers (including early career teachers and those returning to education), pastoral staff and support staff. Governors and trustees who want to develop their knowledge in this area will also benefit by attending.

“School and college staff are particularly important, as they are in a position to identify concerns early, provide help for children, promote children’s welfare and prevent concerns from escalating.” (*Keeping Children Safe in Education, 2021*)

This course can be tailored to staff in primary schools, or those in secondary schools and colleges.



## What you can expect to learn

- A better understanding of how to support safeguarding in your school by increasing your knowledge of child sexual abuse and sexually harmful behaviours.
- Improved confidence in responding to concerns by:
  - understanding the scale and nature of child sexual abuse and harmful sexual behaviour for school-age children
  - understanding the impact of sexual abuse and sexually harmful behaviours in education settings
  - being more alert to how the signs and indicators of sexual abuse may present themselves in the children that you teach and/or care for
  - being alert to additional vulnerabilities that are present for some children, including learning and communication needs
  - understanding the barriers that children face in telling school professionals about sexual abuse they have experienced or are experiencing
  - understanding how to talk to children in your setting when there are concerns of sexual abuse
  - understanding what information to record, and how, when you are concerned about a child
  - knowing the role of a trusted adult and understanding how this contributes to safeguarding children in your education setting.

## How the course will be run

### Session 1

- The scale and nature of child sexual abuse.
- Improving your knowledge and understanding of developmentally expected behaviours.

### Session 2

- The impact of child sexual abuse and harmful sexual behaviour, and how this can present in education settings.
- Understanding the potential signs and indicators of child sexual abuse and how to record these.

### Session 3

- How to identify challenges you may face in your setting and how these can be overcome.
- How barriers prevent children telling someone about the sexual abuse they are experiencing or have experienced.
- Communicating with children where there are concerns.

### Session 4

- Understanding harmful sexual behaviour, including that which is technology-assisted.



- Understanding how a whole-school approach can help to safeguard all children.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- A list of useful resources, reports and research to support your work and ongoing learning.

## What past attendees said about this course

**“This has been a hugely informative and interesting training programme ... I will take away a lot of helpful information to share with colleagues and put into practice on the ground. The opportunity to discuss with colleagues and share experiences has been valuable. There is a lot in the approach that will be put to good use in training staff more widely. Many thanks.”**

**Deputy head, Pastoral and Safeguarding Lead**

**“This has been an incredibly valuable course. Not only due to the quality of the delivery, but the contributions from other schools who have such an array of different experience and evidence.”**

**Assistant head, juniors**

# \*New\* Understanding and preventing organisational child sexual abuse in education settings

*One-day course*

£850 + VAT for 6 to 25 participants



**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course is for professionals who have safeguarding, or management and leadership roles in education settings. It provides valuable guidance for the better creation and implementation of wider safeguarding policies relating to sexual abuse, which can be applied across a whole team.

## About the course

This course is designed to equip participants with an understanding of the issues facing organisations and staff groups in being aware of, and preventing, the possibility of sexual abuse or inappropriate behaviour by staff and volunteers. Using research, case studies and exercises, participants should feel better equipped to actively engage in creating an effective safeguarding environment in their workplace.

The term 'organisational child sexual abuse' is used to describe behaviour which is perpetrated across a broad range of organisational or institutional contexts. The course will explore how this type of child sexual abuse can be understood in the context of dynamics between factors relating to those who perpetrate abuse, the victim(s), and the organisation itself.

## What you can expect to learn

- A better understanding of:
  - the scale and nature of child sexual abuse, including organisational sexual abuse in education settings
  - the impacts of organisational sexual abuse
  - the dynamics of organisational sexual abuse and grooming
  - issues relating to both male and female offenders
  - Components of effective abuse prevention.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's *Key messages from research on institutional child sexual abuse*.
- A digital copy of the Independent Inquiry into Child Sexual Abuse (IICSA) report on Institutional Abuse.
- A digital copy of *Towards Safer Organisations Part 2* – which outlines a research study undertaken with people convicted of sexual offences against children and young people in organisational settings.
- A digital copy of copy of the *Serious Case Review relating to Southbank International School and William Vahey* (a case example in the training).
- A digital copy of *Developing and implementing a low-level concerns policy: A guide for organisations which work with children*.
- A list of resources for adult survivors of child sexual abuse.
- References and resources list.

## What past attendees said about this course

**“It was well paced, never felt rushed and had plenty of opportunities to ask questions and participate by giving our thoughts and suggestions.”**

**Deputy Head, Designated Safeguarding Lead, Senior Mental Health Lead**

**“Slides were very clear, concise and just the right amount of information.”**

**Senior Practitioner**

# Training for policing and youth justice

Course/service	Description
<b>An introduction to child sexual abuse – for policing professionals</b>	This half-day introductory course provides frontline officers with an introduction and overview of child sexual abuse, addressing the critical points that they need to understand so they can confidently recognise and effectively respond to calls/incidents related to child sexual abuse.
<b>Identifying and responding to child sexual abuse – for policing professionals</b>	This one-day course addresses the critical points that policing professionals need to understand so they can confidently recognise, and effectively deal with, child sexual abuse incidents and cases. It is aimed at both frontline officers and those in specialist PVP (Protecting Vulnerable People)/child protection roles.
<b>An introduction to intra-familial child sexual abuse for youth justice practitioners</b>	This engaging one-day course provides a comprehensive overview of the key information to help those working in youth justice services develop their understanding of intrafamilial child sexual abuse.



# An introduction to child sexual abuse – for policing professionals

*Half-day course*

£480 + VAT for 6 to 25 participants



**Please note:** There is an increased fee to deliver this course face-to-face.

## About the course

This engaging half-day introductory course provides frontline officers with an overview of child sexual abuse. The course addresses the critical points that frontline officers need to understand to enable them to confidently recognise and effectively deal, in the first instance, with calls/incidents related to child sexual abuse. It is delivered by former police officers, who bring an experienced policing perspective to the training programme.

## What you can expect to learn

- A better understanding of:
  - the scale and nature of child sexual abuse, and why it is so important for police officers to have both knowledge of child sexual abuse and the confidence to apply professional curiosity to every situation/incident they attend
  - how children communicate their experiences of sexual abuse, and the police role in helping them do this
  - medical examinations for children – what happens at a sexual assault referral centre (SARC), and the purposes and benefits of a medical examination over and above the opportunity it presents to obtain forensic evidence
  - the potential signs and indicators of sexual abuse and sexually abusive behaviour – an opportunity for officers to understand how they can contribute to the police investigation of child sexual abuse
  - priorities around investigation and safeguarding.
- Greater confidence in identifying and responding to concerns of child sexual abuse.
- An opportunity to pose questions to the trainer, who has significant experience of investigating sexual abuse cases in both frontline and senior policing roles.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- Digital copies of the CSA Centre's *Key messages from research on intra-familial child sexual abuse and child sexual abuse perpetrated by adults*.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- References and resources list.

## What past attendees said about this course

**“This will help me identify sexual abuse. How to talk to children and look at the wider picture.”**

**Police Constable – Response**

**“I found the training very helpful with identifying possible sexual abuse and I will be able to use this in future situations that arise, especially in domestic incidents that we go to.”**

**Police Sergeant – Response**

**“I thought the session on how to talk to children who are victims of child sexual abuse was excellent – it would have empowered officers to talk to children.”**

**Police Sergeant – Response**

# Identifying and responding to child sexual abuse – for policing professionals

*One-day course*

£1,400 + VAT for 6 to 50 participants



**Please note:** There is an increased fee to deliver this course face-to-face.

## About the course

This one-day course, covering the same material as our [introductory course](#) and more, addresses the critical points that officers need to understand so they can confidently recognise and deal effectively with child sexual abuse incidents and cases. Delivered by former police officers, it is aimed at both frontline officers and those in specialist PVP (Protecting Vulnerable People) / child protection roles.

## What you can expect to learn

- A better understanding of:
  - the scale and nature of child sexual abuse, and why it is so important for police officers to have both knowledge of child sexual abuse and the confidence to apply professional curiosity to every situation/incident they attend
  - the different contexts in which child sexual abuse takes place, and how child sexual abuse offending manifests itself in many different ways
  - how the impact and trauma of child sexual abuse presents in children/young people and in the wider family – so that officers can better understand the barriers that children and families face in coming to terms with the abuse and engaging with the police, and *why* so little child sexual abuse is reported straight away
  - how children communicate their experiences of sexual abuse, and the police role in helping them do this
  - the potential signs and indicators of sexual abuse and sexually abusive behaviour – an opportunity for officers to understand how they can contribute to the police investigation
  - medical examinations for children – what happens at a sexual assault referral centre (SARC), and the medical examination's purposes and benefits over and above the opportunity it presents to obtain forensic evidence
  - police powers – a reminder of the powers that can be used in potential cases of child sexual abuse, and the necessity test to be applied when dealing with people suspected of such abuse.
- Ways to approach working with parents, carers, children and multi-agency partners.
- Greater confidence in identifying and responding to concerns of child sexual abuse.

- An opportunity to work through a real-life case study and apply learning from the day as well as pose questions to the trainer, who has significant experience of investigating sexual abuse cases in both frontline and senior policing roles.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- Digital copies of the CSA Centre's *Key messages from research on intra-familial child sexual abuse and child sexual abuse perpetrated by adults*
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- References and resources list.

## What past attendees said about this course

**“This is exactly what we have been missing for years, to plug the hole left by SCAIDP, to help officers actually do the job.”**

**Police Vulnerability/SCAIDP trainer**

**“Rarely do I see a training session keep people’s attention for the whole day ... This is a real boon to new officers and a tremendous reassurance to more experienced officers who have never had validation for their methods.”**

**Detective Sergeant – Force training co-ordinator**

**“The reason why a ‘disclosure’ is not made and the fact you can go back and spend time has given me confidence to do this.”**

**Police Constable**

**“I will definitely be taking what I have learnt forward. I have gained a lot from today.”**

**Police Constable**



# \*New\* An introduction to intra-familial child sexual abuse for youth justice practitioners

*One-day course*

£850 + VAT for 6 to 25 participants

**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course is suitable for anyone working within youth justice services including social workers, youth crime officers, probation officers, youth offending team (YOT) practitioners, child adolescent mental health service (CAMHs) practitioners and operational managers.

## About the course

This one-day course provides a comprehensive overview of the key information needed by those working in youth justice services to understand intrafamilial child sexual abuse. The training provides an overview of the scale and nature, impact, and signs and indicators of intrafamilial child sexual abuse with a focus on developing knowledge, skills and confidence in talking to children when there are concerns of sexual abuse.

## What you can expect to learn

- A better understanding of:
  - the scale and nature of child sexual abuse
  - how the impact of child sexual abuse presents in children and young people with particular focus on externalising behaviours including offending
  - how those working within youth justice can build a picture of their concerns of child sexual abuse
  - how children communicate their experiences of sexual abuse and the role of youth justice staff in helping them do this.
- An improved ability to identify the potential signs and indicators of sexual abuse and sexually abusive behaviour.
- Greater confidence in identifying and responding to concerns of intra-familial child sexual abuse.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.

- A digital copy of the CSA Centre's *Key messages from research on intra-familial child sexual abuse*.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- A list of resources for children and families affected by child sexual abuse
- References and resources list.

## What past attendees said about this course

**“The trainer was amazing and shared their expertise. The whole group were very engaged in the training.”**

**Youth Offending Service Manager**

**“Very good and informative”**

**Senior Youth Justice Service Officer**

**“Really enjoyed the practical side of this training and how your concerns as professionals can be explored further, not being afraid to ask hard questions!”**

**Youth Justice Officer**

**“I found the training really helpful and eye opening.”**

**Senior Practitioner**

# Training for health settings

Course/service	Description
<b>Understanding and preventing organisational child sexual abuse in health settings</b>	This course is designed to equip participants with an understanding of the issues facing organisations and staff groups in being aware of, and preventing, the possibility of sexual abuse or inappropriate behaviour by staff and volunteers.

# \*New\* Understanding and preventing organisational child sexual abuse in health settings

*One-day course*

£850 + VAT for 6 to 25 participants



**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course is for professionals in safeguarding, management and leadership roles across health settings including primary care, mental health, midwifery and health visiting. It provides valuable guidance for the better creation and implementation of wider safeguarding policies which can be applied across a whole team or organisation.

## About the course

This full day course is for professionals in safeguarding or management and leadership roles across health settings including primary care, mental health, midwifery and health visiting.

This course is designed to equip participants with an understanding of the issues facing organisations and staff groups in being aware of, and preventing, the possibility of sexual abuse or inappropriate behaviour by staff and volunteers. Using research, case studies and exercises participants should feel better equipped to actively engage in creating an effective safeguarding environment in their organisation.

## What you can expect to learn

- A better understanding of:
  - the scale and nature of organisational child sexual abuse
  - the impacts of organisational sexual abuse
  - the dynamics of organisational sexual abuse and grooming
  - issues relating to both male and female offenders
  - components of effective abuse prevention in health settings.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's *Key messages from research on institutional child sexual abuse*.
- A digital copy of the *Independent Inquiry into institutional Child Sexual Abuse (IICSA) final report on Institutional Abuse*.
- A digital copy of *Towards Safer Organisations Part 2* – which outlines a research study undertaken with people convicted of sexual offences against children and young people in organisational settings.
- A digital copy of *Developing and implementing a low-level concerns policy: A guide for organisations which work with children*.
- References and resources list.

## What past attendees said about this course

**“Excellent to have training delivered by an expert in the field with such an extensive background and knowledge and participation of research associated with the topic.”**

**Senior safeguarding specialist**

**“Expert delivery with such knowledge on the subject area which kept me engaged throughout the day.”**

**Senior safeguarding specialist**

**“Very interesting course, excellent examples which give a clearer understanding when giving the data and research. Understanding the positive effects a low level of concern behaviours, to prevent escalation. Thoroughly enjoyed the course.”**

**Safeguarding specialist**

# Training for other organisations

Course/service	Description
<b>Understanding and preventing organisational child sexual abuse in sports and leisure settings</b>	This course is designed to equip participants with an understanding of the issues facing organisations and staff groups in being aware of, and preventing, the possibility of sexual abuse or inappropriate behaviour by staff and volunteers.
<b>Understanding and preventing organisational child sexual abuse in Christian faith settings</b>	This course is designed to equip participants with an understanding of the issues facing organisations and staff groups in being aware of, and preventing, the possibility of sexual abuse or inappropriate behaviour by staff and volunteers.

# \*New\* Understanding and preventing organisational child sexual abuse in sports and leisure settings

*One-day course*

£850 + VAT for 6 to 25 participants



**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course is for professionals who have safeguarding, management or leadership roles in sports and / or leisure settings. This course provides valuable guidance to improve both the creation and implementation of wider safeguarding policies, which can be applied across a whole team.

## About the course

This one-day course will equip participants with an understanding of the issues facing organisations and staff groups in identifying, and preventing, the possibility of sexual abuse or inappropriate behaviour by staff and volunteers within sports and leisure settings. Using research, case studies and exercises, participants should feel better equipped to actively engage in creating an effective safeguarding environment in their organisation.

## What you can expect to learn

- A better understanding of:
  - the scale and nature of organisational child sexual abuse
  - the impacts of organisational sexual abuse
  - the dynamics of organisational sexual abuse and grooming
  - issues relating to both male and female offenders
  - components of effective abuse prevention in sports and leisure settings.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's *Key messages from research on institutional child sexual abuse*.

- A digital copy of the *Independent Inquiry into institutional Child Sexual Abuse (IICSA) final report on Institutional Abuse*.
- A digital copy of *Towards Safer Organisations Part 2* – which outlines a research study undertaken with people convicted of sexual offences against children and young people in organisational settings.
- A digital copy of *Developing and implementing a low-level concerns policy: A guide for organisations which work with children*.
- A digital copy of the Australian Royal Commission into Institutional Responses to Child Sexual Abuse Case Study 37: *The response of the Australian Institute of Music and RG Dance to allegations of child sexual abuse* (a case example in the training).
- References and resources list.

## What past attendees said about this course

**“Really great training, pitched perfectly and relevant to all. One of the more useful CPD sessions I've had in a while. Thank you for delivering it.”**

**Safeguarding manager premiership football club**

**“Really informative and interesting. Delivered well, not with a 'shock' factor that some training around child sexual abuse has.”**

**Head of safeguarding premiership football club**

**“It was really thorough training which covered lots of areas for discussion.”**

**HR manager**



# \*New\* Understanding and preventing organisational child sexual abuse in Christian faith settings

*One-day course*

£850 + VAT for 6 to 25 participants



**Please note:** There is an increased fee to deliver this course face-to-face.

## Who is this course for

This course is for professionals who have safeguarding, management or leadership roles in faith settings. This course provides valuable guidance to improve both the creation and implementation of wider safeguarding policies, which can be applied across a whole team.

## About the course

This course is designed to equip participants with an understanding of the issues facing organisations and staff groups in being aware of, and preventing, the possibility of sexual abuse or inappropriate behaviour by staff and volunteers. Using research, case studies and exercises, participants should feel better equipped to actively engage in creating an effective safeguarding environment in their organisation.

## What you can expect to learn

- A better understanding of:
  - The scale and nature of child sexual abuse, including organisational sexual abuse in faith settings
  - The impacts of organisational sexual abuse
  - The dynamics of organisational sexual abuse and grooming
  - Components of effective abuse prevention in faith settings.

## Additional resources

- PowerPoint slides for attendees to refer back to and keep for reflection.
- A digital copy of the CSA Centre's *Key messages from research on institutional child sexual abuse*.

- A digital copy of the *Independent Inquiry into institutional Child Sexual Abuse (IICSA) final report on Institutional Abuse*.
- A digital copy of *Towards Safer Organisations Part 2* – which outlines a research study undertaken with people convicted of sexual offences against children and young people in organisational settings.
- A digital copy of *An Abuse of Faith: The Independent Peter Ball Review* (a case example in the training).
- A digital copy of *Developing and implementing a low-level concerns policy: A guide for organisations which work with children*.
- References and resources list.

## What past attendees said about this course

**“I thought the trainer was excellent – a wealth of knowledge thoughtfully put across.”**

**Safeguarding Trainer**

**“Thoughtful, well structured and informative training. Aimed at assisting the practitioner to work confidently in their work place.”**

**Safeguarding Lead**

**“The session was of a very high standard and it was based on quality research and experience.”**

**Safeguarding Casework Supervisor**

**“The course was amazing, delivered at the right pace with great energy.”**

**District Safeguarding Officer**

# Advanced training

Course/service	Description
<b>Child Sexual Abuse Practice Leads Programme</b>	This 10-day programme of monthly sessions aims to build professionals' confidence and competence in managing child sexual abuse cases, by developing participants' knowledge and skills so they can act as 'Practice Leads' within their organisation or partnership – whether that is a local authority children's services department, a group of schools/colleges, a police force, a health trust, or a multi-agency partnership.
<b>Child Sexual Abuse Practice Leads Programme for services working with adults who have substance misuse issues</b>	This five-day, CPD-certified programme is for experienced professionals working in substance misuse, homelessness, mental health and criminal justice services. It has been designed to develop their knowledge, confidence and skills so they can identify and respond to concerns of child sexual abuse among the adults they work with, and act as 'Practice Leads' within their organisation.
<b>Practice Leads Programme - Child sexual abuse in the context of exploitation</b>	This 5-day programme aims to build the confidence and competence of staff working in organisations working with children and young people in identifying and responding to cases where young people are or have been victims of child sexual exploitation and abuse. The course will do this by developing the knowledge and skills of individual practitioners who will become the organisational leads for child sexual exploitation.
<b>Follow-up consultation for Child Sexual Abuse Practice Leads</b>	This programme of support is uniquely available to graduates of the Child Sexual Abuse Practice Leads Programme.

# The Child Sexual Abuse Practice Leads Programme

*Ten-day programme*

£15,000 + VAT for 6 to 12 participants

£20,000 + VAT for 13 to 25 participants

**Please note:** tailored versions are available for professionals in social work, education, policing, healthcare or multi-agency arrangements.

## About the programme

We have developed the Child Sexual Abuse Practice Leads Programme to drive and support broad system change in safeguarding organisations' response to child sexual abuse. It is an acclaimed training programme involving structured reflective learning sessions, and on occasion presentations by guest speakers, combined with unique access to the latest research and resources.

The aim of the programme is to build the confidence and competence of safeguarding professionals in managing child sexual abuse cases, by developing the knowledge and skills of selected individuals within an organisation or partnership – whether that is a local authority children's services department, a group of schools/colleges, a police force, a health trust, or a multi-agency partnership. It will:

- prepare these individuals to become 'Practice Leads', disseminating their knowledge and best practice throughout their teams/organisation/partnership
- provide a foundation for their organisations to develop internal cultures/systems of learning and development, within current structures, that will drive further best practice in child sexual abuse
- facilitate greater cross-departmental and/or cross-agency understanding and communication in relation to child sexual abuse.

This rigorous 10-session programme involves one- or two-days' learning per month, depending on timings for delivery, with each day comprising a half-day of formal teaching and a half-day of reflective case discussion which connect evidence to 'on the ground' practice experiences. The sessions use research, evidence, and practice expertise to explore key areas for understanding and addressing child sexual abuse.

All versions of the programme are led by our expert trainers, who between them have experience of working with cases of child sexual abuse across children's social care, education, policing and healthcare settings, and in multi-agency safeguarding partnerships.

## What you can expect to learn

As a participant on this in-depth programme, you can expect to benefit from:

- increased knowledge of child sexual abuse (including prevalence, different types of child sexual abuse, impact of child sexual abuse etc).
- increased knowledge and skills in –
  - identifying child sexual abuse (e.g. recognising signs, asking questions, assessing risk)
  - responding to child sexual abuse (e.g. managing disclosures, talking to children and families, your own and other agencies' actions and responsibilities)
  - confidence with talking about child sexual abuse with other professionals
  - working with cases of child sexual abuse.
- increased ability to support others with cases of child sexual abuse.



## How the sessions will be run

This programme is delivered through a range of methods, including:

- interactive small and large group discussions
- unique guest experts (either from the CSA Centre or within the local area)
- stimulating PowerPoint presentations
- a variety of multimedia – videos, podcasts, audio etc
- powerful reflective case discussions
- incredibly helpful dedicated skills practice
- booklists and carefully chosen references to explore and learn further on child sexual abuse.

## How the programme works

- **Introduction to the Programme.** Meeting the participants and their managers; key principles and context of the work; impact of the work and self-care.
- **Session 1.** Scale, nature, and impact of child sexual abuse.
- **Session 2.** Working with children, disclosures and the professional role.
- **Session 3.** Child sexual abuse in the family context – adult male offenders and offending.
- **Session 4.** Child sexual abuse in the family context – non-abusing parents and carers.
- **Session 5.** Children and young people who have displayed sexually harmful behaviour.
- **Session 6.** Child sexual exploitation – working with adolescents.
- **Session 7.** Online sexual abuse.
- **Session 8.** Female sexual abuse.
- **Session 9.** Working with survivors.
- **Session 10.** Child wellbeing and the child protection process in child sexual abuse cases.

If you would like more information on this unique programme, please don't hesitate to get in touch with our Training Programme Manager, Lamont Emesibe ([training@csacentre.org.uk](mailto:training@csacentre.org.uk)).

You can read about the success of previous delivery of the programme on our website, in the [social work programme evaluation report](#) and the [multi-agency programme learning report](#).

## Additional resources

- Training slides for attendees to refer back to and keep for reflection, with links to learning videos.
- A carefully selected bundle of digital resources to equip Child Sexual Abuse Practice Leads with the necessary tools to disseminate their learning and key information to their wider staff teams.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- References and resources list.

## What past attendees said about this programme

“The training has been so informative: the trainers are clearly knowledgeable and experienced; it is based on research and is evidence based; the use of case studies, videos and lived and professional experiences invaluable; it encourages personal and professional reflection, and is not just training, but intended to create individual, cultural, structural and organisational change.”

**Child Sexual Abuse Practice Lead**

“I think before this I’ve been much more comfortable asking a female ... Since it, I’ve had ... a handful of disclosures from young males, which I wouldn’t have necessarily thought and asked that question ... I was frightened of making them feel awkward, and actually that’s my own issue, isn’t it? It’s not theirs.”

**Child Sexual Abuse Practice Lead**

“Such an interesting and factual course, I have not been on any training like this in 17 years of practice – it’s absolutely fantastic.”

**Child Sexual Abuse Practice Lead**

“I have not really considered child sexual abuse before today, and I realise how unprepared I would have been if a child disclosed to me without partaking of this training. I have learnt so much about all aspects of abuse and I know I will be a better social worker for it. Whatever area of social work I go into there will probably be people who have been sexually abused, which is why they are having contact with services. This knowledge will help me to understand and assist service users better.”

**Child Sexual Abuse Practice Lead**

“Several times I have used some of the learning within cases/training I have [been] involved in, and I find the trainers so knowledgeable it is a real pleasure and privilege to attend.”

**Child Sexual Abuse Practice Lead**

# Child Sexual Abuse Practice Leads Programme for services working with adults who have substance misuse issues

*Five-day programme (including an additional introductory session)*

£7,500 + VAT for 6 to 12 participants

£10,000 + VAT for 13 to 25 participants



## About the programme

Recent years have seen increased awareness around child sexual abuse and its impact on victims and survivors. We know there continues to be a disproportionate number of adult survivors of sexual abuse in mental health services, substance misuse and homelessness services, in the criminal justice system and with survivors' own children coming to the attention of children's services. Professionals working with adults who access specialist support for these issues have understood this for decades, but often felt unsure and helpless in how to provide the best support.

Designed specifically for experienced professionals working in substance misuse, homelessness, mental health and criminal justice services, this programme will develop their knowledge, confidence and skills so they can better identify and respond to adult service users who have been sexually abused in childhood.

The rigorous five-day programme consists of a day of learning per month, split between a half-day of formal teaching and a half-day of reflective case discussion, to connect evidence to 'on the ground' practice experiences. Each session uses research, evidence, practice and lived experience to explore key areas for understanding and addressing child sexual abuse. Before the course starts, there is an additional introductory session for participants and their line managers.

The programme has been co-developed and is co-delivered by two trainers: one with vast experience of working with adult survivors of child sexual abuse across multi-agency safeguarding partnerships, and the other an adult survivor of child sexual abuse.

The programme's purpose is to create empowered Child Sexual Abuse Practice Leads who are skilled, confident, and knowledgeable about child sexual abuse and can embed new approaches to support adult survivors across their service area and organisation.



## What you can expect to learn

This is a comprehensive training and development programme to:

- improve the professional response to adults who have been sexually abused in childhood
- enhance the knowledge, skills and confidence of professionals who have the potential through their work to support adult survivors
- increase the number of disclosures from adults who have been using services for years and were sexually abused in childhood
- create substantial changes in how Child Sexual Abuse Practice Leads and their teams routinely and safely ask about child sexual abuse and provide appropriate support.

## How the sessions will be run

This programme is delivered through a range of methods, including:

- Interactive small and large group discussions
- Stimulating PowerPoint presentations
- A variety of multimedia – videos, podcasts, audio etc
- Powerful reflective case discussions
- Dedicated skills practice
- Booklists and carefully chosen references to explore and learn further on the impact of child sexual abuse.

## How the programme works

- **Introduction to the programme.** Meeting the participants and their managers; key principles and context of the work; role and responsibilities during and after the process; impact of the work and self-care.
- **Session 1.** Scale, nature, and impact of child sexual abuse.
- **Session 2.** Substance misuse and child sexual abuse and how sexual abuse happens in families.
- **Session 3.** Institutional child sexual abuse.
- **Session 4.** Understanding the long-term impact of child sexual abuse and the implications for practice.
- **Session 5.** Working with and supporting adult survivors of child sexual abuse.

If you would like more information on this unique programme, please don't hesitate to get in touch with Lamont Emesibe ([training@csacentre.org.uk](mailto:training@csacentre.org.uk)).

To read about the success of previous delivery of the programme, see the [programme evaluation on our website](#).

## Additional resources

- Training slides for attendees to refer back to and keep for reflection, with links to learning videos.
- A list of resources to aid assessment and intervention.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- References and resources list.

## What past attendees said about this course

“Really interesting ... The link with substance misuse, like, ‘How have we forgotten this for so long?’, ‘How has it not cropped up on someone’s agenda?’ Really. And yeah, the trauma stuff has been really useful, and thinking about the behaviours that we often see with our service users ... and how that links to whatever traumas in the past.”

**Child Sexual Abuse Practice Lead (adults with substance misuse issues)**

“I think from the assessments that I’ve done and for rehab, and clients saying, ‘Yes, I was sexually abused as a child’ – making that connection between that and substance misuse ... I just see it all the time, but it’s never really talked about in connection, and then my developing understanding about trauma and how the three really connect and how can we work more efficiently around that.”

**Child Sexual Abuse Practice Lead (adults with substance misuse issues)**

“Confidence to routinely ask about child sexual abuse, confidence to manage disclosures – ability to support client, confidence in my own ability.”

**Child Sexual Abuse Practice Lead (adults with substance misuse issues)**

# \*New\* Practice Leads Programme: Child sexual abuse in the context of exploitation

*Five-day programme (including an additional introductory session)*

£7,500 + VAT for up to 12 participants

£10,000 + VAT for 13 to 25 participants

**Please note:** There is an increased fee to deliver this course face-to-face.

## About the programme

We have developed a Practice Leads Programme focussed on child sexual abuse in the context of exploitation to drive and support broad system change in organisational response to child sexual abuse, focusing specifically on child sexual exploitation.

It is an acclaimed training programme involving structured reflective learning sessions, and on occasion, presentations by guest speakers, combined with unique access to the latest research and resources.

This 5-day programme aims to build the confidence and competence of staff working in organisations working with children and young people in identifying and responding to cases where young people are or have been victims of child sexual exploitation and abuse. The course will do this by developing the knowledge and skills of individual practitioners who will become the organisational leads for child sexual exploitation.

## Benefits for the organisation

The benefits of the programme for organisations working with children and young people include:

- The preparation of practitioners to disseminate knowledge and best practice about child sexual abuse and exploitation throughout their teams/organisation
- Provision of a foundation to develop internal cultures/systems of learning and development within current structures to drive best practice in child sexual abuse in the context of exploitation
- Improvement in cross-department and/or cross-agency understanding and communication in relation to child sexual abuse in the context of exploitation.

This rigorous 5-session programme (with an additional introductory session including managers) will involve one days' learning per month. Each day comprises a half-day of formal teaching and a half-day of reflective case discussion which connect evidence to 'on the ground' practice experiences. The sessions use research, evidence and practice expertise to explore key areas for understanding and addressing child sexual abuse in the context of exploitation.

The programme will be led by expert trainers with experience of working with child sexual abuse and child sexual exploitation across multi-agency safeguarding partnerships.

## What participants can expect to learn

Following this in-depth course, participants will be able to:

- Demonstrate increased knowledge about child sexual abuse in the context of exploitation, including prevalence, different types of child sexual abuse, and the impact of child sexual abuse and exploitation
- Identify the signs and indicators of child sexual abuse and exploitation and understand how to manage risk
- Respond to child sexual abuse in the context of exploitation and have confidence in talking to young people about sexual abuse
- Talk confidently about child sexual abuse in the context of exploitation with other professionals
- Work competently with cases of child sexual abuse in the context of exploitation, including working with specialist support agencies
- Support others in the team and across the organisation with cases of child sexual abuse in the context of exploitation through training and supervision.

## How the sessions will be run

This programme is delivered through a range of methods, including:

- Interactive small and large group discussions
- Guest experts (either from the CSA Centre or within the local area)
- PowerPoint presentations
- A variety of multimedia – videos, podcasts, audio etc.
- Reflective case discussions
- Dedicated skills practice
- Booklists and references to explore and learn further on child sexual abuse.

## How the programme works

- **Introduction to the Programme:** Meeting the participants and their managers; key principles and context of the work; expectations of the Programme; impact of the work and self-care.
- **Session 1:** Scale & nature of child sexual abuse with a specific focus on child sexual in the context of exploitation.
- **Session 2:** Understanding child sexual exploitation and the contexts in which it happens.
- **Session 3:** Recognising the specific signs and indicators of child sexual exploitation in the context of abuse, and how to respond.

- **Session 4:** The impact of child sexual abuse and exploitation on the child and young person.
- **Session 5:** Working with adolescents and young people affected by child sexual abuse in the context of exploitation.

Afternoon sessions 1 to 4 will focus on reflective case discussions, while the afternoon on session 5 will be an opportunity for participants to present their service development projects to the rest of the group.

## Additional resources

- Training slides for attendees to refer back to and keep for reflection, with links to learning videos.
- A carefully selected bundle of digital resources to equip Practice Leads with the necessary tools to disseminate their learning and key information to their wider staff teams.
- A digital copy of *Signs and indicators: A template for identifying and responding to concerns of child sexual abuse*.
- A digital copy of *Communicating with children: A guide for those working with children who have or may have been sexually abused*.
- A digital copy of *Supporting parents and carers: A guide for those working with families affected by child sexual abuse*.
- References and resources list.

If you would like more information on this unique programme, please get in touch with Lamont Emesibe ([training@csacentre.org.uk](mailto:training@csacentre.org.uk)).

You can read about the success of previous delivery of the programme on our website: <https://www.csacentre.org.uk/training-events/why-train-with-the-csa-centre/>

# Follow-up consultation programme for Child Sexual Abuse Practice Leads – building on the learning

*2.5 hours per month for one year*

£3,000 + VAT for 6 to 25 participants

## About the programme

This programme of support is uniquely available to graduates of the [10-day Child Sexual Abuse Practice Leads Programme](#) and the [five-day Child Sexual Abuse Practice Leads Programme](#) within organisations that have invested in these programmes.

It offers a further opportunity to embed learning from the initial Child Sexual Abuse Practice Leads Programme into practice, through facilitated monthly case discussion sessions for a period of one year after graduation from the programme. These sessions will provide Child Sexual Abuse Practice Leads with ongoing opportunities to:

- apply learning to practice with guidance from a CSA Centre expert
- address any challenges they have experienced in applying their learning to practice
- explore a variety of cases and case dilemmas in a supported environment
- apply tools and resources to 'real life' cases
- share ideas and opportunities for cascading learning within their teams or organisation.

## What you can expect to learn

- Improved ability to apply learning from the Child Sexual Abuse Practice Leads Programme to complex cases.
- Increased confidence in advising others on cases.
- Greater ability to self-manage reflective learning.

## How the programme will be run

Participants will meet, virtually, once a month for a dedicated 2.5-hour session facilitated by a CSA Centre expert who has a background in case consultation within the participants' field of work.

Each session, participants will be expected to bring cases or case dilemmas from their own practice, or cases they have been asked to consult on, for a group discussion. Case responsibility and decision-making will remain with the local authority, but participants will be facilitated to support one another in analysing case material by applying learning from the Child Sexual Abuse Practice Leads Programme to their work.

## What past attendees said about this programme

**“Case consultations have been really helpful. The facilitator is good at putting it back on us first and helping us to develop our own practice and draw from our own expertise/learning. This helps us in turn to find the answers outside the forum without the facilitator.”**

**Child Sexual Abuse Practice Lead**

**“A previous case hit home personally and [the facilitator] helped me to unpick the case. It was really helpful and useful ... good for my learning. We unpicked what I could have done differently, but this was done in a sensitive way. Didn't make me feel bad about my decision making”**

**Child Sexual Abuse Practice Lead**

**“The facilitator has been supportive of difficult cases and has been there for emotional support too. Her approach makes us feel safe. We can be open. We don't need to be as mindful of our communication and saying the wrong thing.”**

**Child Sexual Abuse Practice Lead**

**“I feel like I'm learning just as much as I did in the training. It has been constantly reinforced so it has slowly become embedded. We are actively using our learning in our area, so it feels really valuable and we are being valued for being on the programme and it feels like we are making a difference.”**

**Child Sexual Abuse Practice Lead**

# Post-training consultation

The CSA Centre is now offering a consultation package to provide organisations and professionals with more opportunities to consolidate their learning after attending one of our training courses.

Research into the effectiveness of training on long-term practice change suggests that ongoing activity to embed learning after training can be particularly valuable and lead to a confident and skilled workforce, ready for practice demands. As such, we offer a reduced rate case consultation package on many of our courses for those who have commissioned training.

Courses that are eligible include:

- Intra-familial child sexual abuse – an introduction for social workers
- Intra-familial child sexual abuse for social workers – intermediate level
- Children and young people who have displayed harmful sexual behaviour
- Sibling sexual behaviour and abuse: A course for safeguarding professionals
- Working with adult survivors of child sexual abuse
- Working effectively with non-abusing parents and carers
- Supervising cases of child sexual abuse for social work managers
- Identifying and responding to child sexual abuse – a course of Designated Safeguarding Leads
- An introduction to intra-familial child sexual abuse for youth justice practitioners



Find out more and get in touch at [training@csacentre.org.uk](mailto:training@csacentre.org.uk)



# Training with the CSA Centre: 2024 prices

**Please note:** If you are interested in a course below, but would like to extend attendees or review delivery, please email [training@csacentre.org.uk](mailto:training@csacentre.org.uk) and we can confirm the price and feasibility to suit your needs.

Course/service	Duration	Attendees	Trainers per session	Online Cost	In-person Cost
<b>An introduction to intra-familial child sexual abuse – taking a multi-agency approach</b>	1 day	6 to 50	2	£1,400 + VAT	£1,600 + VAT
<b>‘Train the trainer’: An introduction to intra-familial child sexual abuse – taking a multi-agency approach</b>	3 days	6 to 10	1	Only available in-person	£4,500 +VAT
<b>Communicating with children when you have concerns of sexual abuse course</b>	1 day	6 to 25	1	£850 + VAT	£980 + VAT
<b>Child sexual abuse and disability: understanding vulnerabilities and the professional role</b>	1 day	6 to 25	1	£850 + VAT	£980 + VAT
<b>Sexual abuse and disabled children - prevention, identification and response</b>	2 days	6 to 25	1	£1,550 + VAT	£1,750 + VAT
<b>Working effectively with non-abusing parents and carers</b>	1 day	6 to 25	1	£850 + VAT	£980 +VAT
<b>Children and young people who have displayed harmful sexual behaviour</b>	1 day	6 to 25	1	£850 + VAT	£980 +VAT
<b>Harmful sexual behaviour in online contexts course</b>	½ day	6 to 25	1	£480 + VAT	£530 + VAT
<b>Sibling sexual behaviour and abuse: A course for safeguarding professionals</b>	1 day	6 to 25	1	£850 + VAT	£980 + VAT
<b>An introduction to sibling sexual behaviour and abuse</b>	½ day	6 to 25	1	£480 + VAT	£530 + VAT

Course/service	Duration	Attendees	Trainers per session	Online Cost	In-person Cost
<b>Effective whole-family support following arrests for online sexual offending</b>	1 day	6 to 25	1	£850 + VAT	£980 + VAT
<b>Working with adult survivors of child sexual abuse</b>	1 day	6 to 25	2	£1,400 + VAT	£1,600 + VAT
<b>An introduction to child sexual abuse in the context of exploitation</b>	1 day	6 to 25	1	£850 + VAT	£980 + VAT
<b>Civil orders for sexual and violent offending</b>	2 hours	6 to 25	1	£300 + VAT	£350 + VAT
<b>Intra-familial child sexual abuse – an introduction for social workers</b>	1 day	6 to 25	1	£850 + VAT	£980 + VAT
<b>Intra-familial child sexual abuse for social workers – intermediate level</b>	2 days	6 to 25	1	£1,550 + VAT	£1750 + VAT
<b>Working effectively with non-abusing parents and carers*</b>	2 days	6 to 25	1	£1,550 + VAT	£1750 + VAT
<b>Supervising cases of child sexual abuse for social work managers</b>	2 days	6 to 25	1	£1,550 + VAT	£1750 + VAT
<b>Intra-familial child sexual abuse - An introduction for Cafcass Family Court Advisers</b>	1 day	6 to 25	1	£850 + VAT	£980 + VAT
<b>Intra-familial child sexual abuse – an introduction for social work students</b>	1 day	For discussion	1	£850 + VAT (plus tech support)	£980 + VAT
<b>‘Train the trainer’: Intra-familial child sexual abuse – an introduction for social workers</b>	3 days	6 to 10	1	£4,200 + VAT	£4,500 + VAT

\* Also available as a one-day course for £850 + VAT (illustrative cost of £34 per person) for social workers who have completed the introductory course on intra-familial child sexual abuse.

Course/service	Duration	Attendees	Trainers per session	Online Cost	In-person Cost
<b>Identifying and responding to child sexual abuse – a course for Designated Safeguarding Leads</b>	1 or 2 x ½ days	6-25	1	£850 + VAT	£980 + VAT Or £1150 + VAT for split days
<b>Understanding how to identify and respond to child sexual abuse – a course for the education workforce</b>	4 x 90-minute sessions	6 to 25	1	£850 +VAT	£980 + VAT
<b>Understanding and preventing organisational child sexual abuse in education settings</b>	1 day	6 to 25	1	£850 + VAT	£980 + VAT
<b>An introduction to child sexual abuse – for policing professionals</b>	½ day	6 to 25	1	£480+VAT	£530+VAT
<b>Identifying and responding to child sexual abuse – for policing professionals</b>	1 day	6 to 50	2	£1,400 + VAT	£1,600 + VAT
<b>An introduction to intra-familial child sexual abuse for youth justice practitioners</b>	1 day	6 to 25	1	£850 + VAT	£980 + VAT
<b>Understanding and preventing organisational child sexual abuse in health settings</b>	1 day	6 to 25	1	£850 + VAT	£980 + VAT
<b>Understanding and preventing organisational child sexual abuse in sports and leisure settings</b>	1 day	6 to 25	1	£850 + VAT	£980 + VAT
<b>Understanding and preventing organisational child sexual abuse in Christian faith settings</b>	1 day	6 to 25	1	£850 + VAT	£980 + VAT
<b>Child Sexual Abuse Practice Leads Programme</b>	10 days	Up to 12**	2	£15,000 + VAT	N/A
<b>Child Sexual Abuse Practice Leads Programme for services working with adults who have substance misuse issues</b>	5 days	Up to 12***	2	£7,500 + VAT	N/A

Course/service	Duration	Attendees	Trainers per session	Online Cost	In-person Cost
<b>Practice Leads Programme - Child sexual abuse in the context of exploitation</b>	5 days	Up to 12 <sup>***</sup>	2	£7,500 + VAT	N/A
<b>Follow-up consultation for Child Sexual Abuse Practice Leads</b>	2.5 hrs a month for 1 year	Up to 25	1	£3,000 + VAT	N/A

\*\* Can be adapted for 13 to 25 participants at a cost of £20,000 + VAT (illustrative cost of £800 per person).

\*\*\* Can be adapted for 13 to 25 participants at a cost of £10,000 + VAT (illustrative cost of £800 per person).



**For more information about our training, please contact our Training Programme Manager, Lamont Emesibe:**

**[training@csacentre.org.uk](mailto:training@csacentre.org.uk)**

**For find out more about the CSA Centre and their wider work visit their website:**

**[Website](#)**

**You can stay up to date with all of the publications and opportunities from the CSA Centre via our monthly online newsletter:**

**[Sign up to the CSA Centre newsletter](#)**

**You can also follow us on social media, where we frequently post the latest news, resources, training and developments on child sexual abuse:**

**[Follow us on Twitter](#)**

**[Follow us on LinkedIn](#)**

The photographs in this brochure were taken using actors and do not depict actual situations.

